

# **Mappings of finite distortion on metric surfaces**

**Damaris Meier[1](http://orcid.org/0000-0001-7310-6859) · Kai Rajala2**

Received: 15 May 2024 / Revised: 2 August 2024 / Accepted: 8 August 2024 © The Author(s) 2024

# **Abstract**

We investigate basic properties of *mappings of finite distortion*  $f: X \to \mathbb{R}^2$ , where *X* is any *metric surface*, i.e., metric space homeomorphic to a planar domain with locally finite 2-dimensional Hausdorff measure. We introduce *lower gradients*, which complement the upper gradients of Heinonen and Koskela, to study the distortion of non-homeomorphic maps on metric spaces. We extend the Iwaniec-Šverák theorem to metric surfaces: a non-constant  $f: X \to \mathbb{R}^2$  with locally square integrable upper gradient and locally integrable distortion is continuous, open and discrete. We also extend the Hencl-Koskela theorem by showing that if *f* is moreover injective then  $f^{-1}$  is a Sobolev map.

**Mathematics Subject Classification** Primary 30L10 · 30C65; Secondary 30F10

# **1 Introduction**

# **1.1 Background**

Let  $\Omega \subset \mathbb{R}^2$  be a domain. We say that map  $f : \Omega \to \mathbb{R}^2$  in the Sobolev space  $W^{1,2}_{loc}(\Omega,\mathbb{R}^2)$  has *finite distortion* if there is a measurable function  $K:\Omega \to [1,\infty)$ so that

<span id="page-0-0"></span>
$$
||Df(x)||^2 \le K(x)J_f(x) \quad \text{for a.e. } x \in \Omega.
$$
 (1.1)

The first-named author is partially supported by UniFr Doc.Mobility Grant DM-22-10.

B Damaris Meier damaris.meier@unifr.ch

> Kai Rajala kai.i.rajala@jyu.fi

- <sup>1</sup> Department of Mathematics, University of Fribourg, Chemin du Musée 23, 1700 Fribourg, Switzerland
- <sup>2</sup> Department of Mathematics and Statistics, University of Jyväskylä, P.O. Box 35 (MaD), 40014 Jyväskylä, Finland

Here  $||Df(x)||$  and  $J_f(x)$  are the operator norm and determinant of  $Df(x)$ , respectively.

If  $K(x) = 1$  for almost every  $x \in \Omega$ , then [\(1.1\)](#page-0-0) is valid if and only if *f* is complex analytic. The basic topological properties of non-constant analytic functions are *continuity*, *openness* and *discreteness* (the preimage of every point is discrete in Ω).

By *Stoïlow factorization* (see [\[1](#page-27-0), Chapter 5.5], [\[27\]](#page-28-0)) non-constant *quasiregular maps*, i.e., maps *f* satisfying [\(1.1\)](#page-0-0) with constant function  $K(x) = K \ge 1$ , admit a factorization  $f = g \circ h$ , where *h* is a quasiconformal homeomorphism and *g* is analytic. In particular, every such  $f$  is also continuous, open and discrete.

In [\[22](#page-28-1)] Iwaniec and Šverák showed that boundedness of *K*(*x*) may be replaced with local integrability.

**Theorem 1.1** (Iwaniec-Šverák theorem) *Suppose*  $f \in W_{loc}^{1,2}(\Omega, \mathbb{R}^2)$  *is non-constant and satisfies [\(1.1\)](#page-0-0) for some locally integrable K*(*x*)*. Then f is continuous, open and discrete.*

The assumption on  $K(x)$  is essentially best possible (see [\[2](#page-27-1)] and [\[17\]](#page-27-2)). Since the work of Iwaniec and Šverák [\[22\]](#page-28-1), a rich theory of mappings of finite distortion has been developed (see [\[1,](#page-27-0) [12](#page-27-3)]), with applications to PDE, complex dynamics, inverse problems and non-linear elasticity theory, among other fields.

The theory extends to  $W_{\text{loc}}^{1,1}$ -maps with exponentially integrable distortion and also to higher dimensions, where continuity, openness and discreteness of quasiregular maps was proved by Reshetnyak already in the 1960s (see [\[42\]](#page-28-2)). Reshetnyak's theorem has been extended to spatial mappings of finite distortion by several authors (see [\[13,](#page-27-4) [20,](#page-28-3) [21,](#page-28-4) [25,](#page-28-5) [26,](#page-28-6) [37](#page-28-7), [38](#page-28-8), [45](#page-28-9), [46](#page-28-10)]).

Partially motivated by works of Heinonen and Keith [\[16](#page-27-5)], Heinonen-Rickman [\[17\]](#page-27-2) and Heinonen–Sullivan [\[18\]](#page-28-11), on BLD- and bi-Lipschitz parametrizations of metric spaces, Kirsilä [\[24\]](#page-28-12) furthermore extended Reshetnyak's theorem to maps  $f: X \rightarrow$  $\mathbb{R}^n$ , where *X* is a *generalized n-manifold* satisfying assumptions such as Ahlfors *n*-regularity and Poincaré inequality.

In this paper we extend the Iwaniec-Šverák theorem to maps  $f : X \to \mathbb{R}^2$ , where *X* is a *metric surface*, i.e., a metric space homeomorphic to a domain in  $\mathbb{R}^2$  with locally finite 2-dimensional Hausdorff measure. The novelty of our results is that we do not impose any additional conditions on *X*.

Our research is partially inspired by recent advances on the uniformization problem on metric surfaces (see [\[5](#page-27-6), [20,](#page-28-3) [30,](#page-28-13) [34](#page-28-14)[–36](#page-28-15), [39\]](#page-28-16)) and the properties of the associated homeomorphisms, such as quasiconformal maps  $f : X \to \mathbb{R}^2$ . It is desirable to explore the properties of non-homeomorphic maps on metric surfaces. The aim of our paper is to provide the first results in this direction.

#### **1.2 Mappings of finite distortion on metric surfaces**

A (euclidean) *metric surface X* is a metric space homeomorphic to a domain  $U \subset \mathbb{R}^2$ and with locally finite 2-dimensional Hausdorff measure. Below,  $\mathcal{H}^2$  will always be the reference measure on *X*.

Let *X* and *Y* be metric surfaces. We want to establish what it means for a map  $f: X \rightarrow Y$  to have finite distortion. We first observe that in the euclidean case every mapping of finite distortion is sense-preserving. This follows from inequality [\(1.1\)](#page-0-0) by applying non-negativity of the Jacobian determinant and integration by parts, a method which is not available in our generality. We call  $f : X \rightarrow Y$  sense-preserving if for any domain  $\Omega$  compactly contained in *X* so that  $f|_{\partial\Omega}$  is continuous it follows that deg(*y*,  $f$ ,  $\Omega$ )  $\geq 1$  for any  $y \in f(\Omega) \setminus f(\partial \Omega)$ . Here deg is the local topological degree of *f* , see [\[40](#page-28-17), I.4] for a definition in the euclidean setting and note that the concept transfers to our setting as every metric surface is homeomorphic to a domain in  $\mathbb{R}^2$ .

We apply the theory of Sobolev spaces based on *upper gradients* ([\[13\]](#page-27-4)). A Borel function  $\rho^u : X \to [0, \infty]$  is an *upper gradient* of  $f : X \to Y$ , if

<span id="page-2-0"></span>
$$
d_Y(f(x), f(y)) \le \int_{\gamma} \rho^u ds \tag{1.2}
$$

for all  $x, y \in X$  and every rectifiable curve  $\gamma$  in X joining x and y. We say that f belongs to the Sobolev space  $N_{\text{loc}}^{1,2}(X, Y)$  if *f* has an upper gradient  $\rho^u \in L^2_{\text{loc}}(X)$ and if  $d_Y(y, f(\cdot)) \in L^2_{loc}(X)$  for some  $y \in Y$  (see Sect. [2.3\)](#page-5-0).

It follows from the proof of [\[11](#page-27-7), Theorem 1.4] that a sense-preserving map  $f \in$  $N_{\text{loc}}^{1,2}(X,\mathbb{R}^2)$  is continuous (see Remark [2.3\)](#page-7-0). Such an *f* also satisfies Lusin's Condition (*N*): if  $E \subset X$  and  $\mathcal{H}^2(E) = 0$ , then  $|f(E)|_2 = 0$  (see Remark [2.8\)](#page-8-0). The converse implication does not hold ([\[39](#page-28-16), Section 17]).

In order to define the distortion of *f* , we introduce *lower gradients*: a Borel function  $\rho^l$  :  $X \to [0, \infty]$  is a *lower gradient* of  $f \in N^{1,2}_{loc}(X, Y)$ , if  $\rho^l \le \rho^u_f$  almost everywhere and

<span id="page-2-1"></span>
$$
\ell(f \circ \gamma) \ge \int_{\gamma} \rho^l \, ds \tag{1.3}
$$

for every rectifiable curve  $\gamma$  in *X* with  $f \circ \gamma$  being continuous. Our definition is motivated by the observation that the upper gradient inequality  $(1.2)$  is equivalent to the reverse inequality of [\(1.3\)](#page-2-1) for  $\rho^u$  (see Sect. [2.3\)](#page-5-0). Every  $f \in N_{\text{loc}}^{1,2}(X, Y)$  has an essentially unique *minimal weak upper gradient*  $\rho_f^u$  (see Sect. [2.3\)](#page-5-0). Similarly, we prove in Sect. [7](#page-26-0) that every such *f* has an essentially unique *maximal weak lower gradient*  $\rho_f^l$ .

We say that a sense-preserving  $f \in N_{\text{loc}}^{1,2}(X, Y)$  has *finite distortion (along paths) and denote*  $f \in FDP(X, Y)$ , if there is a measurable  $K: X \rightarrow [1, \infty)$  such that

<span id="page-2-2"></span>
$$
\rho_f^u(x) \le K(x) \cdot \rho_f^l(x) \quad \text{for almost every } x \in X. \tag{1.4}
$$

The *distortion*  $K_f$  of f is

$$
K_f(x) := \begin{cases} \frac{\rho_f^u(x)}{\rho_f^l(x)}, & \text{if } \rho_f^l(x) \neq 0, \\ 1, & \text{if } \rho_f^l(x) = 0. \end{cases}
$$

 $\mathcal{D}$  Springer

<span id="page-3-0"></span>Our main result is the following extension of the Iwaniec-Šverák theorem. Here *X* is any metric surface.

**Theorem 1.2** *Let*  $f \in \text{FDP}(X, \mathbb{R}^2)$  *be non-constant with*  $K_f \in L^1_{loc}(X)$ *. Then*  $f$  *is open and discrete.*

Generalizing the euclidean result by Hencl-Koskela (who assumed  $W^{1,1}$ -regularity, see  $[16]$ , we show that if  $f$  is furthermore a homeomorphism, then the inverse is also a Sobolev map. For a related result see [\[4\]](#page-27-8).

<span id="page-3-1"></span>**Theorem 1.3** *Let*  $f$  ∈ FDP( $X$ ,  $\mathbb{R}^2$ ) *be injective with*  $K_f$  ∈  $L^1_{loc}(X)$ *. Then*  $f^{-1}$  ∈  $N_{loc}^{1,2}(f(X), X)$ .

Examples in  $[2]$  ( $f_0$  in Proposition [6.1](#page-24-0) below, see also  $[17]$  $[17]$ ) and  $[16$ , Example 1.4], respectively, show that condition  $K_f \in L^1_{loc}(X)$  is sharp both in Theorem [1.2](#page-3-0) and in Theorem [1.3,](#page-3-1) even if  $X = \mathbb{R}^2$ .

We show in Sect. [6](#page-24-1) that there are metric surfaces *X* which do not admit any quasiconformal maps  $h: X \to \mathbb{R}^2$  but do admit maps  $f: X \to \mathbb{R}^2$  satisfying the assumptions of Theorem [1.2.](#page-3-0) By [\[33](#page-28-18), Theorem 1.3], such surfaces do not exist if we require  $K_f$  to be bounded instead of integrable.

Previous approaches to distortion of maps between metric spaces are mostly based on the *analytic definition*: We say that a sense-preserving  $f \in N_{\text{loc}}^{1,2}(X, Y)$  has *finite analytic distortion* and denote  $f \in \text{FDA}(X, Y)$ , if there is a measurable  $C: X \rightarrow$  $[1, \infty)$  such that

<span id="page-3-2"></span>
$$
\rho_f^u(x)^2 \le C(x) \cdot J_f(x) \quad \text{for almost every } x \in X,\tag{1.5}
$$

where

$$
J_f(x) = \limsup_{r \to 0} \frac{\mathcal{H}_Y^2(f(\overline{B}(x,r)))}{\pi r^2}.
$$

Inequality  $(1.5)$  is equivalent to  $(1.4)$  in the euclidean setting, and also provides a rich theory for homeomorphisms between metric spaces. However, unlike our approach based on lower gradients, the analytic approach is not convenient for treating nonhomeomorphic maps between metric surfaces. We nevertheless prove the following in [\[33](#page-28-18)].

<span id="page-3-3"></span>**Theorem 1.4** ([\[33](#page-28-18), Theorem 1.1]) *If*  $f$  ∈ FDA(*X*,  $\mathbb{R}^2$ *), then*  $f$  ∈ FDP(*X*,  $\mathbb{R}^2$ *). Moreover, for every*  $C(x)$  *in*  $(1.5)$  *we have* 

$$
K_f(x) \le 4\sqrt{2} C(x) \text{ for almost every } x \in X.
$$

Theorem [1.2](#page-3-0) can be applied to prove the converse of Theorem [1.4](#page-3-3) assuming  $K_f \in$  $L^1_{loc}(X,\mathbb{R}^2)$ , see [\[33\]](#page-28-18). Combining Theorems [1.2,](#page-3-0) [1.3](#page-3-1) and [1.4](#page-3-3) shows that our main results hold under the analytic assumption.

**Corollary 1.5** *Let*  $f \in \text{FDA}(X, \mathbb{R}^2)$  *be non-constant with*  $C(x) \in L^1_{loc}(X)$ *. Then*  $f$  *is open and discrete. If f is injective, then*  $f^{-1} \in N_{loc}^{1,2}(f(X), X)$ *.* 

The definition of a metric surface can be relaxed by requiring *X* to be homeomorphic to an oriented topological surface *M* instead of a domain in  $\mathbb{R}^2$ . Our definitions and results are local and remain valid under the relaxed definition. We state them only for euclidean metric surfaces to simplify the presentation.

This paper is organized as follows. In Sect. [2](#page-4-0) we recall the background on Analysis in metric spaces needed to prove our main results. In Sect. [3](#page-10-0) we prove an area inequality for maps on the rectifiable part of a metric surface which involves lower gradients and may be of independent interest. We prove Theorems [1.2](#page-3-0) and [1.3](#page-3-1) in Sects [4](#page-13-0) and [5,](#page-21-0) respectively.

The proofs are based on three main tools: the coarea inequality for Sobolev functions on metric surfaces by Meier- Ntalampekos [\[32\]](#page-28-19) and Esmayli- Ikonen- Rajala [\[11](#page-27-7)], weakly quasiconformal parametrizations of metric surfaces by Ntalampekos- Romney [\[35](#page-28-20), [36](#page-28-15)] and Meier-Wenger [\[34\]](#page-28-14), and the area inequality proved in Sect. [3.](#page-10-0) In addition, to prove Theorem [1.2](#page-3-0) we apply estimates inspired by the value distribution theory of quasiregular mappings (see [\[40](#page-28-17)]).

In Sect. [6,](#page-24-1) we discuss connections between our results and the uniformization problem on metric surfaces, as well as different definitions of mappings with controlled distortion. Finally, in Sect. [7](#page-26-0) we prove the existence of maximal weak lower gradients.

# <span id="page-4-0"></span>**2 Preliminaries**

### **2.1 Basic definitions and notations**

Let  $(X, d)$  be a metric space. We denote the *open* and *closed ball* in *X* of radius  $r > 0$ centered at a point  $x \in X$  by  $B(x, r)$  and  $\overline{B}(x, r)$ , respectively. When  $X = \mathbb{R}^2$  we use notation  $D(x, r)$  instead of  $B(x, r)$ .

A set  $\Omega \subset X$  homeomorphic to the unit disc  $\mathbb{D}(0, 1)$  is a *Jordan domain* in X if its boundary  $\partial \Omega \subset X$  is a *Jordan curve* in *X*, i.e., a subset of *X* homeomorphic to  $\mathbb{S}^1$ . The *image* of a curve  $\gamma$  in *X* is indicated by  $|\gamma|$  and the *length* by  $\ell(\gamma)$ .

A curve  $\gamma$  is *rectifiable* if  $\ell(\gamma) < \infty$  and *locally rectifiable* if each of its compact subcurves is rectifiable. Moreover, a curve  $\gamma : [a, b] \rightarrow X$  is *geodesic* if  $\ell(\gamma) =$  $d(\gamma(a), \gamma(b))$ . A curve  $\gamma : [0, \ell(\gamma)] \rightarrow X$  is *parametrized by arclength* if  $\ell(\gamma|_I)$  =  $|I|_1$  for every interval *I* ⊂ [0,  $\ell(\gamma)$ ]. Here,  $|\cdot|_n$  denotes the *n*-*dimensional Lebesgue measure*.

For  $s \geq 0$ , we denote the *s*-*dimensional Hausdorff measure* of  $A \subset X$  by  $\mathcal{H}^s(A)$ . The normalizing constant is chosen so that  $|V|_n = H^n(V)$  for open subsets *V* of  $\mathbb{R}^n$ .

We equip *X* with  $H^2$ . Let  $L^p(X)$  ( $L^p_{loc}(X)$ ) denote the space of *p*-integrable (locally *p*-integrable) Borel functions from *X* to  $\mathbb{R} \cup \{-\infty, \infty\}$ . Here locally *p*-integrable means *p*-integrable on compact subsets. We say that a subdomain *G* of *X* is *compactly contained* in *X* if the closure  $\overline{G}$  is compact.

### **2.2 Modulus**

Let *X* be a metric space and  $\Gamma$  be a family of curves in *X*. A Borel function *g* : *X*  $\rightarrow$ [0, ∞] is *admissible* for  $\Gamma$  if  $\int_{\gamma} g ds \ge 1$  for all locally rectifiable curves  $\gamma \in \Gamma$ . We define the  $(2-)modulus$  of  $\Gamma$  as

$$
\text{Mod } \Gamma = \inf_{g} \int_{X} g^2 d\mathcal{H}^2,
$$

where the infimum is taken over all admissible functions  $g$  for  $\Gamma$ . If there are no admissible functions for  $\Gamma$  we set Mod  $\Gamma = \infty$ . A property is said to hold for *almost every* curve in  $\Gamma$  if it holds for every curve in  $\Gamma \setminus \Gamma_0$  for some family  $\Gamma_0 \subset \Gamma$  with  $Mod(\Gamma_0) = 0$ . In the definition of  $Mod(\Gamma)$ , the infimum can equivalently be taken over all *weakly admissible* functions, i.e., Borel functions  $g: X \to [0, \infty]$  such that  $\int_{\gamma} g \ge 1$  for almost every locally rectifiable curve  $\gamma \in \Gamma$ .

#### <span id="page-5-0"></span>**2.3 Metric Sobolev spaces**

Let  $f: X \to Y$  be a map between metric spaces. A Borel function  $\rho^u: X \to [0, \infty]$ is an *upper gradient* of *f* if

<span id="page-5-1"></span>
$$
d_Y(f(x), f(y)) \le \int_{\gamma} \rho^u ds \tag{2.1}
$$

for all  $x, y \in X$  and every rectifiable curve  $\gamma$  in X joining x and y. If the *upper gradient inequality* [\(2.1\)](#page-5-1) holds for almost every rectifiable curve  $\gamma$  in *X* joining *x* and *y* we call  $\rho^u$  *weak upper gradient* of *f*.

The Sobolev space  $N^{1,2}(X, Y)$  is the space of Borel maps  $f: X \to Y$  with upper gradient  $\rho^u \in L^2(X)$  such that  $x \mapsto d_Y(y, f(x))$  is in  $L^2(X)$  for some and thus any *y* ∈ *Y*. The space  $N_{\text{loc}}^{1,2}(X, Y)$  is defined in the obvious manner.

Each  $f \in N_{\text{loc}}^{1,2}(X, Y)$  has a *minimal* weak upper gradient  $\rho_f^u$ , i.e., for any other weak upper gradient  $\rho^u$  we have  $\rho_f^u \leq \rho^u$  almost everywhere. Moreover,  $\rho_f^u$  is unique up to a set of measure zero. See monograph [\[13\]](#page-27-4) for more background on metric Sobolev spaces.

We apply a notion of "minimal stretching" which compliments the "maximal stretching" represented by upper gradients. To motivate the definition, notice that for continuous maps  $f \in N_{\text{loc}}^{1,2}(X, Y)$  the upper gradient inequality [\(2.1\)](#page-5-1) is equivalent to

$$
\ell(f \circ \gamma) \le \int_{\gamma} \rho^u ds
$$

for almost every rectifiable curve  $\gamma$  in *X*. We call a Borel function  $\rho^l: X \to [0, \infty]$ a *lower gradient* of  $f \in N_{\text{loc}}^{1,2}(X, Y)$ , if  $\rho^l \le \rho_f^u$  almost everywhere and

<span id="page-6-0"></span>
$$
\ell(f \circ \gamma) \ge \int_{\gamma} \rho^l \, ds \tag{2.2}
$$

for every rectifiable curve  $\gamma$  in *X* with  $f \circ \gamma$  being continuous. If the *lower gradient inequality* [\(2.2\)](#page-6-0) holds for almost every rectifiable  $\gamma$ , we call  $\rho^l$  *weak lower gradient* of *f* . Note that 0 is always a lower gradient.

Each  $f \in N_{\text{loc}}^{1,2}(X, Y)$  has a *maximal weak lower gradient*  $\rho_f^l$ , i.e., for any other weak lower gradient  $\rho^l$  we have  $\rho_f^l \geq \rho^l$  almost everywhere. Moreover,  $\rho_f^l$  is unique up to a set of measure zero. The proof is analogous to the existence of minimal weak upper gradients, see [\[13](#page-27-4), Theorem 6.3.20]. For completeness, we provide a proof in Sect. [7.](#page-26-0)

### **2.4 Coarea inequality on metric surfaces**

We state the following coarea inequality for Lipschitz functions, which is a consequence of  $[10,$  Theorem 1.1] (see  $[11,$  Section 5]). Here,  $Lip(u)$  denotes the pointwise Lipschitz constant of a Lipschitz function  $u: X \to \mathbb{R}$ , defined by

$$
\text{Lip}(u)(x) = \limsup_{x \neq y \to x} \frac{|u(y) - u(x)|}{d(x, y)}.
$$

<span id="page-6-2"></span>**Theorem 2.1** *(Lipschitz coarea inequality) Let X be a metric space and*  $u: X \to \mathbb{R}$  *a Lipschitz function. Then*

$$
\int_{\mathbb{R}}^{*} \int_{u^{-1}(t)} g \, d\mathcal{H}^{1} dt \leq \frac{4}{\pi} \int_{X} g \cdot \text{Lip}(u) \, d\mathcal{H}^{2}
$$

*for every Borel measurable g* :  $X \rightarrow [0, \infty]$ *.* 

Here  $\int^*$  denotes the upper integral, which is equal to Lebesgue integral for measurable functions. An important tool throughout this work will be the following coarea inequality for continuous Sobolev functions on metric surfaces.

<span id="page-6-1"></span>**Theorem 2.2** (Sobolev coarea inequality, [\[32](#page-28-19), Theorem 1.6]) *Let X be a metric surface* and  $v: X \to \mathbb{R}$  be a continuous function in  $N_{loc}^{1,2}(X)$ .

- *(1) If*  $A_v$  *denotes the union of all non-degenerate components of the level sets*  $v^{-1}(t)$ *,*  $t \in \mathbb{R}$ *, of v, then*  $\mathcal{A}_v$  *is a Borel set.*
- *(2) For every Borel function g* :  $X \rightarrow [0, \infty]$  *we have*

$$
\int_{0}^{*} \int_{v^{-1}(t) \cap \mathcal{A}_{v}} g \, d\mathcal{H}^{1} \, dt \leq \frac{4}{\pi} \int g \cdot \rho_{v}^{u} \, d\mathcal{H}^{2}.
$$

Theorem [2.2](#page-6-1) generalizes the coarea inequality for monotone Sobolev functions established in [\[11](#page-27-7)]. Here  $v: X \to \mathbb{R}$  is called a *weakly monotone function* if for every open  $\Omega$  compactly contained in *X* 

$$
\sup_{\Omega} v \le \sup_{\partial \Omega} v < \infty \quad \text{and} \quad \inf_{\Omega} v \ge \inf_{\partial \Omega} v > -\infty.
$$

<span id="page-7-0"></span>A continuous weakly monotone function is *monotone*.

*Remark 2.3* In the proof of  $[11]$  $[11]$ , Theorem 1.4 the coarea inequality for monotone Sobolev functions is used to show that every weakly monotone function  $v \in$  $N_{\text{loc}}^{1,2}(X,\mathbb{R})$  is continuous and hence monotone. Continuity of a sense-preserving map  $f \in N_{\text{loc}}^{1,2}(X,\mathbb{R}^2)$  now follows by applying the exact same proof strategy while replacing weak monotonicity with sense-preservation and the coarea inequality for monotone Sobolev maps with Theorem [2.2.](#page-6-1)

#### **2.5 Metric differentiability**

Let  $(Y, d)$  be a complete metric space and  $U \subset \mathbb{R}^n$ ,  $n \geq 1$ , a domain. We say that  $h: U \to Y$  is *approximately metrically differentiable* at  $z \in U$  if there exists a seminorm  $N_z$  on  $\mathbb{R}^2$  for which

$$
\sup_{y \to z} \frac{d(h(y), h(z)) - N_z(y - z)}{|y - z|} = 0.
$$

Here, ap lim denotes the approximate limit (see [\[8](#page-27-10), Section 1.7.2]). If such a seminorm exists, it is unique and is called *approximate metric derivative* of *h* at *z*, denoted ap md  $h_z$ . The following result follows from [\[29,](#page-28-21) Lemma 3.1].

<span id="page-7-1"></span>**Lemma 2.4** Let X and Y be metric surfaces and  $f \in N_{loc}^{1,2}(X, Y)$ . Almost every curve γ : [*a*, *b*] → *X parametrized by arclength satisfies*

$$
\int_{f \circ \gamma} g \, ds = \int_a^b g(f(\gamma(t))) \cdot \text{ap } \text{md}(f \circ \gamma)_t \, dt
$$

*for all Borel measurable g* :  $Y \rightarrow [0, \infty]$ *.* 

<span id="page-7-2"></span>Lemma [2.4](#page-7-1) leads to the following properties of upper and lower gradients (see [\[13,](#page-27-4) Proposition 6.3.3] for a proof involving upper gradients).

**Corollary 2.5** *Let X and Y be metric surfaces and*  $f \in N_{loc}^{1,2}(X, Y)$ *. Almost every curve*  $\gamma : [a, b] \rightarrow X$  *parametrized by arclength satisfies the following properties.* 

- *(1) f is absolutely continuous on* γ *,*
- *(2)*  $\rho_f^l(\gamma(t)) \le \text{ap } \text{md}(f \circ \gamma)_t \le \rho_f^u(\gamma(t))$  *for almost every a* < *t* < *b*, *(3) if g* :  $Y \rightarrow [0, \infty]$  *is Borel measurable, then*

$$
\int_{\gamma} \rho_f^l \cdot (g \circ f) \, ds \le \int_{f \circ \gamma} g \, ds \le \int_{\gamma} \rho_f^u \cdot (g \circ f)
$$

 $ds$ .

#### **2.6 Area formula on euclidean domains**

Suppose  $U \subset \mathbb{R}^2$  is a domain and  $h \in N_{\text{loc}}^{1,2}(U, Y)$ . Then *U* can be covered up to a set of measure zero by countably many disjoint measurable sets  $G_j$ ,  $j \in \mathbb{N}$ , such that  $h|_{G_i}$  is Lipschitz. In particular, outside a set of measure zero  $G_0 \subset U$ , *h* satisfies Lusin's condition  $(N)$  (see [\[13,](#page-27-4) Theorem 8.1.49]).

By [\[28](#page-28-22), Proposition 4.3], every  $h \in N_{\text{loc}}^{1,2}(U, Y)$  is approximately metrically differentiable at a.e.  $z \in U$ . The following area formula follows from [\[23](#page-28-23), Theorem 3.2]. Here, the *Jacobian*  $J(N_z)$  of a seminorm  $N_z$  on  $\mathbb{R}^2$  is zero if  $N_z$  is not a norm and  $J(N_z) = \pi / |\{v \in \mathbb{R}^2 : N_z(v) \le 1\}|_2$  otherwise.

<span id="page-8-2"></span>**Theorem 2.6** (Area formula) If  $h \in N_{loc}^{1,2}(U, Y)$ , then there exists  $G_0 \subset U$  with  $\mathcal{H}^2(G_0) = 0$  *such that for every measurable set*  $A \subset U \setminus G_0$  *we have* 

$$
\int_{A} J(\text{ap md } h_z) d\mathcal{H}^2 = \int_{Y} N(y, h, A) d\mathcal{H}^2.
$$
\n(2.3)

Here,  $N(y, h, A)$  denotes the *multiplicity* of  $y \in Y$  with respect to h in A:

<span id="page-8-4"></span><span id="page-8-3"></span>
$$
N(y, h, A) := #\{z \in A : h(z) = y\}.
$$
 (2.4)

#### **2.7 Weakly quasiconformal parametrizations**

A map  $h: X \to Y$  between metric surfaces is *cell-like* if the preimage of each point is a continuum that is contractible in each of its open neighborhoods. A continuous, surjective, proper and cell-like map  $h: X \rightarrow Y$  is *weakly C-quasiconformal* if

$$
\operatorname{Mod}\nolimits\Gamma\leq C\operatorname{Mod}\nolimits h(\Gamma)
$$

holds for every family of curves  $\Gamma$  in *X*. It follows from [\[47,](#page-28-24) Theorem 1.1] that every weakly quasiconformal map  $h: X \to Y$  is contained in  $N_{\text{loc}}^{1,2}(X, Y)$ .

<span id="page-8-1"></span>It was shown in [\[35\]](#page-28-20) that any metric surface admits a weakly quasiconformal parametrization, see also [\[30](#page-28-13), [34](#page-28-14), [36](#page-28-15)].

**Theorem 2.7** ([\[35](#page-28-20), Theorem 1.2]) *Let X be any metric surface. There is a weakly*  $(4/\pi)$ *-quasiconformal*  $u: U \to X$ *, where*  $U \subset \mathbb{R}^2$  *is a domain.* 

<span id="page-8-0"></span>*Remark 2.8* Condition (N) for sense-preserving maps  $f \in N_{\text{loc}}^{1,2}(X,\mathbb{R}^2)$  can be proved using the area formula and Theorem [2.7](#page-8-1) as follows: suppose  $E \subset X$  and  $\mathcal{H}^2(E) = 0$ , and let  $u: U \to X$  be a (sense-preserving) weakly  $(4/\pi)$ -quasiconformal parametrization of *X* provided by Theorem [2.7.](#page-8-1) Define  $h: U \to \mathbb{R}^2$  by  $h := f \circ u$ . Then *u* ∈  $N_{\text{loc}}^{1,2}(\tilde{U}, X)$  and  $h \in N_{\text{loc}}^{1,2}(U, \mathbb{R}^2)$ , see [\[33,](#page-28-18) Theorem 2.5].

By Theorem [2.6](#page-8-2) there exists  $G_0 \subset U$  with  $|G_0|_2 = 0$  and such that [\(2.3\)](#page-8-3) holds for *u* and *h* and every measurable set  $A \subset U \setminus G_0$ . We set  $X_0 := u(G_0)$ . Now *h* is sense-preserving and thus monotone. Therefore, *h* satisfies Condition (N) by [\[31](#page-28-25)]. In particular, with the above notation,

$$
|f(E)|_2 \le \int_{u^{-1}(E)} J(\text{ap } \text{md } h_z) \, dz.
$$

On the other hand, applying Theorem [2.6](#page-8-2) to *u* shows that

$$
\int_{u^{-1}(E)} J(\text{ap } \text{md } u_z) dz \leq \mathcal{H}^2(E) = 0,
$$

and so  $J$ (ap md  $u_z$ ) = 0 almost everywhere in  $u^{-1}(E)$ . Since *u* is weakly quasiconformal, it moreover follows that ap md  $u<sub>z</sub> = 0$ . Then, by Lemmas [2.9](#page-9-0) and [2.10](#page-10-1) below,  $J$ (ap md  $h_z$ ) = 0 almost everywhere in  $u^{-1}(E)$  as well. We conclude that  $| f(E) |_{2} = 0.$ 

#### **2.8 Distortion of Sobolev maps**

Let *U* ⊂  $\mathbb{R}^2$  be a domain. We define the *maximal and minimal stretches* of *h* ∈  $N_{\text{loc}}^{1,2}(U, Y)$  at points of approximate differentiability by

$$
L_h(z) = \max\{\text{ap } \text{md } h_z(v) : |v| = 1\}, \quad l_h(z) = \min\{\text{ap } \text{md } h_z(v) : |v| = 1\}.
$$

<span id="page-9-0"></span>Recall that maps  $h \in N_{\text{loc}}^{1,2}(U, Y)$  are approximately differentiable almost everywhere.

**Lemma 2.9** *Let*  $h \in N_{loc}^{1,2}(U, Y)$ . *Then*  $L_h$  *and*  $l_h$  *are representatives of the minimal weak upper gradient and the maximal weak lower gradient of h, respectively. Moreover,*

<span id="page-9-1"></span>
$$
2^{-1}L_h(z)l_h(z) \le J(\text{ap } \text{md } h_z) \le 2L_h(z)l_h(z) \tag{2.5}
$$

*at points of approximate differentiability.*

*Proof* The first claim concerning upper gradients is [\[32,](#page-28-19) Lemma 2.14]. A slight modification of the proof gives the claim concerning lower gradients.

Towards [\(2.5\)](#page-9-1), we may assume that ap md  $h<sub>z</sub>$  is a norm. Then the unit ball  $B<sub>z</sub>$  of ap md *hz*(v) contains a unique ellipse of maximal area *Ez*, called the *John ellipse* of *Bz*, which satisfies

<span id="page-9-2"></span>
$$
E_z \subset B_z \subset \sqrt{2}E_z,\tag{2.6}
$$

see [\[3](#page-27-11), Theorem 3.1]. Let  $N_z$  be the norm whose unit ball is  $E_z$ , and

$$
M_z = \max\{N_z(v) : |v| = 1\}, \quad m_z = \min\{N_z(v) : |v| = 1\}.
$$

Then  $J(N_z) = \pi / |E_z|_2 = M_z m_z$ , and [\(2.6\)](#page-9-2) gives

$$
L_h(z)l_h(z) \le M_z m_z = J(N_z) = 2\pi/|\sqrt{2}E_z|_2 \le 2\pi/|B_z|_2 = 2J(\text{ap md } h_z).
$$

On the other hand,  $(2.6)$  also gives

$$
J(\text{ap md } h_z) \leq J(N_z) = M_z m_z \leq 2L_h(z)l_h(z).
$$

The proof is complete.

<span id="page-10-1"></span>We will apply distortion estimates on composed mappings.

**Lemma 2.10** *Let X and Y be metric surfaces and*  $U \subset \mathbb{R}^2$  *a domain,*  $u : U \to X$ *weakly quasiconformal, and*  $f \in N_{loc}^{1,2}(X, Y)$ *. Then* 

$$
l_{f \circ u}(z) \ge \rho_f^l(u(z)) \cdot l_u(z)
$$
 and  $L_{f \circ u}(z) \le \rho_f^u(u(z)) \cdot L_u(z)$ 

*for almost every*  $z \in U$ .

*Proof* Let  $\Gamma_0$  be the family of paths  $\gamma$  in *U* so that  $l_u$  does not satisfy the lower gradient inequality [\(2.2\)](#page-6-0) for *u* on some subcurve of  $\gamma$  or  $\rho_f^l$  does not satisfy the lower gradient inequality for *f* on some subcurve of  $u \circ \gamma$ . Then, since *u* is weakly quasiconformal and  $l_u$ ,  $\rho_f^l$  are weak lower gradients (Lemma [2.9\)](#page-9-0), we conclude that  $Mod(\Gamma_0) = 0$ . Applying Corollary [2.5,](#page-7-2) we have

$$
\ell(f \circ u \circ \gamma) \ge \int_{u \circ \gamma} \rho_f^l ds \ge \int_{\gamma} (\rho_f^l \circ u) \cdot l_u ds
$$

for every  $\gamma \notin \Gamma_0$  parametrized by arclength. We conclude that  $(\rho_f^l \circ u) \cdot l_u$  is a weak lower gradient of *f* ◦*u*. But *l <sup>f</sup>* ◦*<sup>u</sup>* is a maximal weak lower gradient of *f* ◦*u* by Lemma [2.9.](#page-9-0) The first inequality follows. The second inequality is proved in a similar way.  $\Box$ 

#### <span id="page-10-0"></span>**3 Area inequality on Metric surfaces**

Let *X* and *Y* be metric surfaces. In this section we establish Theorem [3.1,](#page-10-2) an area inequality for Sobolev maps in  $N_{\text{loc}}^{1,2}(X, Y)$  on measurable subsets of the rectifiable part of *X*. We apply Theorem [3.1](#page-10-2) in Sects. [4](#page-13-0) and [5](#page-21-0) below to prove our main results, Theorems [1.2](#page-3-0) and [1.3.](#page-3-1)

As in Remark [2.8,](#page-8-0) let  $u: U \to X$  be a weakly  $(4/\pi)$ -quasiconformal parametrization of *X* provided by Theorem [2.7,](#page-8-1) and *h* :  $U \rightarrow Y$ ,  $h := f \circ u$ . Then  $u \in N_{loc}^{1,2}(U, X)$ and  $h \in N_{\text{loc}}^{1,2}(U, Y)$ . By Theorem [2.6,](#page-8-2) there exists  $G_0 \subset U$  with  $|G_0|_2 = 0$  and such that [\(2.3\)](#page-8-3) holds for both *u* and *h* and every measurable set  $A \subset U \setminus G_0$ . We set  $X_0 := u(G_0).$ 

<span id="page-10-2"></span>**Theorem 3.1** *(Area inequality) If g* :  $Y \rightarrow [0, \infty]$  *and*  $E \subset X \setminus X_0$  *are Borel measurable, then*

$$
\int_{E} g(f(x)) \cdot \rho_f^u(x) \rho_f^l(x) d\mathcal{H}^2 \le 4\sqrt{2} \int_{Y} g(y) \cdot N(y, f, E) dy.
$$

 $\mathcal{D}$  Springer

*If in addition, the map f satisfies Lusin's condition (N), then*

$$
\int_{E} g(f(x)) \cdot \rho_f^u(x) \rho_f^l(x) d\mathcal{H}^2 \ge \frac{1}{4\sqrt{2}} \int_{Y} g(y) \cdot N(y, f, E) dy.
$$

<span id="page-11-3"></span>In order to establish Theorem [3.1,](#page-10-2) we make use of the following proposition which can be seen as a counterpart to Lemma [2.10.](#page-10-1)

**Proposition 3.2** *Let f, u and h* =  $f \circ u$  *be as above. Then* 

<span id="page-11-0"></span>
$$
\rho_f^u(u(z)) \cdot l_u(z) \le L_h(z) \quad \text{and} \quad l_h(z) \le \rho_f^l(u(z)) \cdot L_u(z) \tag{3.1}
$$

*for almost every*  $z \in U \setminus G_0$ *.* 

*Proof* Fix Borel representatives of the maps  $z \mapsto$  ap md  $u_z$  and  $z \mapsto$  ap md  $h_z$ . Towards the first inequality in  $(3.1)$ , we denote

$$
G'_0 = G_0 \cup \{ z \in U : l_u(z) = 0 \},\
$$

and notice that it suffices to prove the inequality for almost every  $z \in U \setminus G'_0$ . By [\[28,](#page-28-22) Proposition 4.3], there are pairwise disjoint Borel sets  $K_i \subset U \backslash G'_0$ ,  $i \in \mathbb{N}$ , so that

<span id="page-11-2"></span>
$$
|U \setminus (G'_0 \cup (\cup_i K_i))|_2 = 0 \tag{3.2}
$$

and so that for every  $i \in \mathbb{N}$  we have

- (i) ap md  $u_z$  and ap md  $h_z$  exist for every  $z \in K_i$  and
- (ii) for every  $\varepsilon > 0$  there is  $r_i(\varepsilon) > 0$  so that

$$
|d_X(u(z+v), u(z+w)) - \text{ap } \text{md } u_z(v-w)| \le \varepsilon |v-w| \text{ and}
$$
  

$$
|d_Y(h(z+v), h(z+w)) - \text{ap } \text{md } h_z(v-w)| \le \varepsilon |v-w|
$$

for every  $z \in K_i$  and all  $v, w \in \mathbb{R}^2$  with  $|v|, |w| \leq r_i(\varepsilon)$  and such that  $z+v, z+w \in$ *Ki* .

We will show that if  $i \in \mathbb{N}$  then almost every curve  $\gamma$  in X parametrized by arclength has the following property: almost every  $t \in \gamma^{-1}(u(K_i))$  satisfies

<span id="page-11-1"></span>
$$
\text{ap } \text{md}(f \circ \gamma)_t \le \frac{L_h(z)}{l_u(z)} \quad \text{for all } z \in u^{-1}(\gamma(t)) \cap K_i. \tag{3.3}
$$

We show how to conclude the first inequality in  $(3.1)$  from  $(3.3)$ . By Lemma [2.4,](#page-7-1) Corollary [2.5](#page-7-2) and [\(3.3\)](#page-11-1),  $\rho: X \to [0, \infty]$  is a weak upper gradient of f, where  $\rho(x) =$  $\rho_f^u(x)$  for  $x \in X \setminus u(K_i)$  and

$$
\rho(x) = \inf_{z \in K_i, u(z) = x} \frac{L_h(z)}{l_u(z)}
$$

when  $x \in u(K_i)$ . By the definition of minimal weak upper gradients, we then have that

<span id="page-12-0"></span>
$$
\rho_f^u(x) \le \rho(x) \quad \text{for almost every } x \in u(K_i). \tag{3.4}
$$

Since  $K_i \subset U \setminus G'_0$ , we have  $l_u > 0$  and thus  $J(\text{ap md } u_z) > 0$  in  $K_i$ . Combining [\(3.4\)](#page-12-0) with the Area formula (Theorem [2.6\)](#page-8-2) for *u* now yields

$$
\rho_f^u(u(z)) \cdot l_u(z) \le L_h(z)
$$

for almost every  $z \in K_i$ . The first inequality in [\(3.1\)](#page-11-0) follows from [\(3.2\)](#page-11-2).

We now prove [\(3.3\)](#page-11-1). Denote by  $X \subset X$  the set of points *x* for which  $N(x, u, U) = 1$ . By [\[36,](#page-28-15) Remark 7.2],  $\mathcal{H}^2(X \setminus \widehat{X}) = 0$ . In particular, almost every rectifiable curve  $\gamma : [0, \ell(\gamma)] \to X$  parametrized by arclength satisfies  $\gamma(t) \in \widehat{X}$  for  $\mathcal{H}^1$ -almost every  $0 < t < \ell(\gamma)$ .

We fix such a  $\gamma$  and a density point  $t_0 \in \gamma^{-1}(u(K_i) \cap \widehat{X}) =: T$  of *T*. By Corollary [2.5,](#page-7-2) we may moreover assume that  $f \circ \gamma$  is approximately metrically differentiable at *t*<sub>0</sub>. It suffices to show that [\(3.3\)](#page-11-1) holds for *t*<sub>0</sub> and the unique  $z_0 = u^{-1}(\gamma(t_0)) \in K_i$ .

Fix a sequence  $(t_i)$  of points in *T* converging to *t*. Then  $x_i := \gamma(t_i) \rightarrow \gamma(t_0) =: x_0$ . Moreover, since  $x_0 \in \hat{X}$ , we have  $z_j := u^{-1}(x_j) \to z_0$ . We are now in position to apply Property (ii) above. Denoting  $y_i = f(x_i)$  for  $j = 0, 1, \ldots$ , (ii) and triangle inequality yield

$$
\frac{d_X(x_j, x_0)}{|z_j - z_0|} \ge \text{ap } \text{md } u_{z_0} \left( \frac{z_j - z_0}{|z_j - z_0|} \right) - o(|z_j - z_0|) \ge l_u(z_0) - o(|z_j - z_0|),
$$
\n
$$
\frac{d_Y(y_j, y_0)}{|z_j - z_0|} \le \text{ap } \text{md } h_{z_0} \left( \frac{z_j - z_0}{|z_j - z_0|} \right) + o(|z_j - z_0|) \le L_h(z_0) + o(|z_j - z_0|).
$$

Combining the inequalities, we have

<span id="page-12-1"></span>
$$
\frac{d_Y(y_j, y_0)}{d_X(x_j, x_0)} = \frac{d_Y(y_j, y_0) \cdot |z_j - z_0|}{|z_j - z_0| \cdot d_X(x_j, x_0)} \le \frac{L_h(z_0)}{l_u(z_0)} + o(|z_j - z_0|). \tag{3.5}
$$

Since  $\gamma$  is parametrized by arclength, [\(3.5\)](#page-12-1) gives [\(3.3\)](#page-11-1). The first inequality in [\(3.1\)](#page-11-0) follows. The second inequality follows in a similar way, namely showing that instead of  $(3.3)$  we have

$$
\operatorname{ap} \operatorname{md}(f \circ \gamma)_t \ge \frac{l_h(z)}{L_u(z)}
$$

outside suitable exceptional sets. We leave the details to the reader.

*Proof of Theorem [3.1](#page-10-2)* We may approximate *g* with simple functions and replace *E* with appropriate subsets to see that it suffices to show the claim for  $g \equiv 1$ . We set

 $\circled{2}$  Springer

 $E' = E \cap \hat{X}$ , where  $\hat{X}$  is as in the proof of Proposition [3.2,](#page-11-3) and obtain

<span id="page-13-1"></span>
$$
N(y, h, u^{-1}(E')) = \sum_{x \in f^{-1}(y)} N(x, u, u^{-1}(E')) = N(y, f, E')
$$
 (3.6)

for every  $y \in f(E')$ .

The area formula (Theorem [2.6\)](#page-8-2) implies

$$
\int_{E} \rho_f^u(x)\rho_f^l(x) d\mathcal{H}^2 = \int_{E'} \rho_f^u(x)\rho_f^l(x)N(x, u, u^{-1}(E')) d\mathcal{H}^2
$$
  
= 
$$
\int_{u^{-1}(E')} \rho_f^u(u(z))\rho_f^l(u(z))J(\text{ap md }u_z) dz.
$$

By Lemma [2.9,](#page-9-0)  $J(\text{ap md } u_z) \leq 2L_u(z) \cdot l_u(z)$  for almost every  $z \in u^{-1}(E')$ . Moreover, it follows from the proof of Theorem [2.7](#page-8-1) given in [\[35](#page-28-20)] that we can choose *u* so that the John ellipse of ap md  $u_7$  (see [\(2.6\)](#page-9-2)) is a disk. Then  $L_u(z) \le \sqrt{2}l_u(z)$ , which leads to

$$
J(\text{ap md } u_z) \le 2L_u(z) \cdot l_u(z) \le 2\sqrt{2} \cdot l_u(z)^2 \quad \text{for almost every } z \in u^{-1}(E').
$$

Combining with Lemma [2.10](#page-10-1) and Proposition [3.2,](#page-11-3) we conclude that

$$
\int_E \rho_f^u(x)\rho_f^l(x)\,d\mathcal{H}^2 \le 2\sqrt{2}\int_{u^{-1}(E')} L_h(z)l_h(z)\,dz.
$$

Applying Lemma [2.9](#page-9-0) and the area formula (Theorem [2.6\)](#page-8-2) to *h*, we finally obtain

$$
\int_{E} \rho_f^u(x)\rho_f^l(x) d\mathcal{H}^2 \le 4\sqrt{2} \int_{u^{-1}(E')} J(\text{ap } \text{md } h_z) dz
$$
  
=  $4\sqrt{2} \int_{f(E')} N(y, h, u^{-1}(E')) dy.$ 

The theorem follows by combining with  $(3.6)$ .

For the second statement we note that  $f$  satisfying Lusin's condition  $(N)$  implies  $H^2(f(E \setminus E')) = 0$  as, by [\[36,](#page-28-15) Remark 7.2],  $H^2(E \setminus E') = 0$ . The rest of the proof is analogous to the arguments above.

### <span id="page-13-0"></span>**4 Openness and discreteness**

Throughout this section let *f* be as in Theorem [1.2,](#page-3-0) i.e.,  $f \in N_{\text{loc}}^{1,2}(X,\mathbb{R}^2)$  is nonconstant, sense-preserving and satisfies  $K_f \in L^1_{loc}(X)$ . Recall that  $\widetilde{f}$  is continuous by Remark [2.3.](#page-7-0)

A map  $f: X \to \mathbb{R}^2$  is *light* if  $f^{-1}(y)$  is totally disconnected for every  $y \in \mathbb{R}^2$ . It is well-known that if *f* is continuous, sense-preserving and light, then *f* is open and discrete [\[43\]](#page-28-26), [\[40,](#page-28-17) Lemma VI.5.6]. Thus, in order to prove Theorem [1.2](#page-3-0) it suffices to show that *f* is in fact light. The proof of this fact relies on the following two propositions involving estimates on the multiplicity of  $f$  (recall notation  $N(y, h, A)$ ) for multiplicity in  $(2.4)$ ).

<span id="page-14-1"></span>**Proposition 4.1** *Suppose that there are s,*  $r_0 > 0$  *and*  $C > 0$  *such that* 

<span id="page-14-0"></span>
$$
\int_0^{2\pi} N(f(x_0) + re^{i\theta}, f, B(x_0, s)) d\theta \le C \log \frac{1}{r}
$$
 (4.1)

*for all r* < *r*<sub>0</sub>*. Then the x*<sub>0</sub>*-component of*  $f^{-1}(f(x_0))$  *either is* {*x*<sub>0</sub>} *or contains an open neighborhood of x*0*.*

<span id="page-14-2"></span>Recall that *X* is homeomorphic to a planar domain. In particular, for every  $x_0 \in X$ there is  $s > 0$  so that  $\overline{B}(x_0, 2s)$  is a compact subset of X.

**Proposition 4.2** *Let*  $x_0 \in X$  *and*  $s > 0$  *so that*  $\overline{B}(x_0, 2s) \subset X$  *is compact. Then Condition* [\(4.1\)](#page-14-0) *holds with some*  $r_0$ ,  $C > 0$ *.* 

Theorem [1.2](#page-3-0) follows by combining Propositions [4.1](#page-14-1) and [4.2:](#page-14-2) since *f* is not constant, for every  $y_0 \in f(X)$  every component *F* of  $f^{-1}(y_0)$  contains a point  $x_0 \in X$  which is a boundary point of *F*. Combining Propositions [4.1](#page-14-1) and [4.2,](#page-14-2) we see that  $F = \{x_0\}$ . We conclude that *f* is light and therefore open and discrete.

#### **4.1 Proof of Proposition [4.1](#page-14-1)**

Let  $f: X \to \mathbb{R}^2$  be a map of finite distortion and  $\Gamma$  a curve family in *X*. We define the weighted modulus

$$
\text{Mod}_{K^{-1}}\,\Gamma = \inf_{g} \int_{X} \frac{g(x)^2}{K_f(x)} \, d\mathcal{H}^2,
$$

where the infimum is taken over all weakly admissible functions  $g$  for  $\Gamma$ .

Let  $u: U \to X$  be a weakly  $(4/\pi)$ -quasiconformal parametrization of X as in Theorem [2.7.](#page-8-1) Let  $G_0 \subset U$  and  $X_0 = u(G_0) \subset X$  be as in the paragraph preceding Theorem [3.1.](#page-10-2) Recall that  $|G_0|_2 = 0$ . We set  $X' := X \setminus X_0$ .

<span id="page-14-3"></span>**Lemma 4.3** *Let*  $\Gamma'$  *be a family of curves in*  $\Omega \subset X$  *with*  $\mathcal{H}^1(|\gamma| \cap X_0) = 0$  *for every*  $\gamma \in \Gamma'.$  *Then* 

$$
\operatorname{Mod}_{K^{-1}}\Gamma' \le 4\sqrt{2}\int_{\mathbb{R}^2} g(y)^2 N(y, f, \Omega) dy,
$$

*whenever g is admissible for*  $\Gamma = f(\Gamma').$ 

*Proof* Fix an admissible *g* for  $\Gamma$ , and let  $g' : X \to \mathbb{R}$ ,

$$
g'(x) := g(f(x)) \cdot \rho_f^u(x) \cdot \chi_{\Omega \cap X'}(x).
$$

Here,  $\chi_E$  denotes the indicator function on a set  $E \subset X$ , i.e.,  $\chi_E(x) = 1$  if  $x \in E$  and  $\chi_E(x) = 0$  else. For almost every  $\gamma \in \Gamma'$  we have that f is absolutely continuous on  $\gamma$ ,  $\mathcal{H}^1(|\gamma| \cap X_0) = 0$ , and

$$
\int_{\gamma} g' ds = \int_{\gamma} (g \circ f) \cdot \rho_f^u ds \ge \int_{f \circ \gamma} g ds,
$$

see Corollary [2.5.](#page-7-2) Since *g* is admissible for  $\Gamma = f(\Gamma')$ , it follows that *g'* is weakly admissible for  $\Gamma'$ . Moreover,

$$
\begin{aligned} \text{Mod}_{K^{-1}} \, \Gamma' &\leq \int_X \frac{g'(x)^2}{K_f(x)} \, d\mathcal{H}^2 = \int_{\Omega \cap X'} g(f(x))^2 \cdot \rho_f^u(x) \rho_f^l(x) \, d\mathcal{H}^2 \\ &\leq 4\sqrt{2} \int_{\mathbb{R}^2} g(y)^2 \cdot N(y, f, \Omega) \, dy, \end{aligned}
$$

where the last inequality follows from the area inequality, Theorem [3.1.](#page-10-2)  $\Box$ 

<span id="page-15-1"></span>**Lemma 4.4** *Let*  $\varphi \in N_{loc}^{1,2}(X,\mathbb{R})$ *, and consider*  $E \subset \mathbb{R}$  *with*  $|E|_1 > 0$  *and so that each level set*  $\varphi^{-1}(t)$ *, t* ∈ *E*, contains a non-degenerate continuum  $\eta_t$ . Then  $\mathcal{H}^1(\eta_t \cap X_0)$  = 0 *for almost every*  $t \in E$ .

*Proof* Note that  $\widehat{\varphi} = \varphi \circ u$  is in  $N_{\text{loc}}^{1,2}(U, \mathbb{R})$ . For every  $t \in E$ , let  $\widehat{\eta}_t = u^{-1}(\eta_t)$ .<br>Then since *u* is continuous and proper  $\widehat{\eta}_t$  is a non-degenerate continuum for every Then, since *u* is continuous and proper,  $\hat{\eta}_t$  is a non-degenerate continuum for every  $t \in E$ . Moreover, the coarea inequality for Sobolev functions (Theorem [2.2\)](#page-6-1) shows that  $\mathcal{H}^1(\hat{\eta}_t) < \infty$  for almost every  $t \in E$ . For every such *t*, there is a surjective two-to-one 1-Lipschitz curve

$$
\widehat{\gamma}_t:[0,2\mathcal{H}^1(\widehat{\eta_t})]\to \widehat{\eta_t},
$$

cf. [\[41,](#page-28-27) Proposition 5.1]. Let  $\Gamma$  be the family of the curves  $\hat{\gamma}_t$ , and let  $g: U \to [0, \infty]$ <br>be admissible for  $\widehat{\Gamma}$ . We apply the coarea inequality for Soboley functions (Theorem be admissible for  $\Gamma$ . We apply the coarea inequality for Sobolev functions (Theorem [2.2\)](#page-6-1) and Hölder's inequality to obtain

$$
|E|_1 \leq \int\limits_E^* \int_{\widehat{\gamma}_t} g \, ds \, dt \leq 2 \int\limits_E^* \int_{\widehat{\eta}_t} g \, d\mathcal{H}^1 \, dt \leq \frac{8}{\pi} \int_{\widehat{\varphi}^{-1}(E)} g \cdot \rho_{\widehat{\varphi}}^u \, d\mathcal{H}^2
$$
  

$$
\leq \frac{8}{\pi} \left( \int_{\widehat{\varphi}^{-1}(E)} g^2 \, d\mathcal{H}^2 \right)^{1/2} \left( \int_{\widehat{\varphi}^{-1}(E)} (\rho_{\widehat{\varphi}}^u)^2 \, d\mathcal{H}^2 \right)^{1/2}.
$$

<span id="page-15-0"></span>Since  $\rho_{\varphi}^u \in L^2_{\text{loc}}(U)$  and  $|E|_1 > 0$  it follows that  $\text{Mod}(\widehat{\Gamma}) > 0$ . As a Sobolev function, <br>*u* is therefore absolutely continuous along  $\widehat{\nu}$  for almost every  $t \in E$  see e.g. [13] *u* is therefore absolutely continuous along  $\hat{\gamma}_t$  for almost every  $t \in E$ , see e.g. [\[13,](#page-27-4) *I* emma 6.3.11 Moreover, for almost every  $t \in F$  we have that  $\mathcal{H}^1(\hat{\pi}, \cap G_0) = 0$ . Lemma 6.3.1]. Moreover, for almost every  $t \in E$  we have that  $\mathcal{H}^1(\hat{\eta}_t \cap G_0) = 0$ , since  $|G_0|_2 = 0$ . Combining these two facts shows that  $\mathcal{H}^1(\eta_t \cap X_0) = 0$  for almost every  $t \in E$ . every  $t \in E$ .

**Lemma 4.5** *Let*  $V ⊂ X$  *be open and connected, and*  $I, J ⊂ V$  *disjoint non-trivial continua. There are*  $E \subset \mathbb{R}$ ,  $|E|_1 > 0$ , and a family  $\Gamma' = \{ \gamma_t : t \in E \}$  satisfying

- *(1) every*  $\gamma_t \in \Gamma'$  *is a non-degenerate curve connecting I and J in V,*
- *(2) there exists*  $\varphi \in N_{loc}^{1,2}(V,\mathbb{R})$  such that for every  $t \in E$  the curve  $\gamma_t \in \Gamma'$  has image *in the level set*  $\varphi^{-1}(t)$ *, and*
- *(3)* Mod<sub>*K*-1</sub>  $\Gamma' > 0$ .

*Proof* Replacing *V* with a compactly connected subdomain if necessary, we may assume that

<span id="page-16-0"></span>
$$
\int_{V} K_{f}(x) d\mathcal{H}^{2}(x) = K < \infty. \tag{4.2}
$$

Fix points  $a \in I$  and  $b \in J$  and a continuous curve  $\eta$  joining  $a$  and  $b$  in  $V$ . Define  $\varphi: X \to \mathbb{R}$  by  $\varphi(x) = \text{dist}(x, |\eta|)$ . As described in the proof of [\[39,](#page-28-16) Proposition 3.5], we find  $\varepsilon' > 0$ , a set  $E_0 \subset (0, \varepsilon')$  with  $\mathcal{H}^1(E_0) = 0$ , and for every  $t \in E = (0, \varepsilon') \setminus E_0$ a rectifiable injective curve  $\gamma_t$  joining *I* and *J* in *V*, with image in the level set  $\varphi^{-1}(t)$ . We set  $\Gamma' = \{ \gamma_t : t \in E \}.$ 

Let  $g: V \to [0, \infty]$  be admissible for  $\Gamma'$ . We apply the coarea inequality for Lipschitz maps (Theorem [2.1\)](#page-6-2) and Hölder's inequality to obtain

$$
\varepsilon' \le \int_0^{\varepsilon'} \int_{\gamma_t} g \, ds \, dt \le \frac{4}{\pi} \int_V g(x) K_f(x)^{-1/2} K_f(x)^{1/2} d\mathcal{H}^2(x)
$$
  

$$
\le \frac{4}{\pi} \left( \int_V K_f(x) d\mathcal{H}^2(x) \right)^{1/2} \left( \int_V \frac{g(x)^2}{K_f(x)} d\mathcal{H}^2(x) \right)^{1/2}.
$$

Combining with [\(4.2\)](#page-16-0) gives

$$
\text{Mod}_{K^{-1}}\,\Gamma'\geq\left(\frac{\pi\,\varepsilon'}{4K}\right)^2>0,
$$

where we used that the estimate above holds for all admissible functions.

If *Z* is a metric surface,  $G \subset Z$  a domain, and  $E, F \subset \overline{G}$  disjoint sets, we denote by  $\Gamma(E, F; G)$  the family of curves joining *E* and *F* in  $\overline{G}$ .

<span id="page-16-1"></span>**Lemma 4.6** *For any*  $\varepsilon > 0$  *the function*  $g_{\varepsilon}: \mathbb{R}^2 \to [0, \infty)$  *defined by* 

$$
g_{\varepsilon}(y) = \varepsilon \left( |y| \log \frac{1}{|y|} \log \log \frac{1}{|y|} \right)^{-1} \chi_{\mathbb{D}(0, e^{-2})}
$$

*is admissible for*  $\Gamma({0}, \partial \mathbb{D}(0, e^{-2}); \mathbb{R}^2)$  *and* 

$$
\int_{\mathbb{R}^2} g_{\varepsilon}(y)^2 \log \frac{1}{|y|} dy \to 0
$$

 $as \varepsilon \to 0$ .

*Proof* Fix  $\gamma \in \Gamma(\{0\}, \partial \mathbb{D}(0, e^{-2}); \mathbb{R}^2)$ . We may assume that  $\gamma : [0, \ell(\gamma)] \to \mathbb{R}^2$  is parametrized by arclength and  $\gamma(0) = 0$ . Then  $\ell(\gamma) > e^{-2}$  and  $|\gamma(t)| < t$  for every  $0 \le t \le \ell(\gamma)$ . We compute

$$
\int_{\gamma} g_1 ds = \int_0^{\ell(\gamma)} g_1(\gamma(t)) dt
$$
  
= 
$$
\int_0^{\ell(\gamma)} \left( |\gamma(t)| \log \frac{1}{|\gamma(t)|} \log \log \frac{1}{|\gamma(t)|} \right)^{-1} dt
$$
  

$$
\geq \int_0^{e^{-2}} \left( t \log \frac{1}{t} \log \log \frac{1}{t} \right)^{-1} dt = \infty,
$$

where the last equality follows since

$$
\frac{d}{ds}\log\log\log\frac{1}{s} = -\left(s\log\frac{1}{s}\log\log\frac{1}{s}\right)^{-1}.
$$

Thus,  $g_{\varepsilon} = \varepsilon \cdot g_1$  is admissible for  $\Gamma({0}, \partial \mathbb{D}(0, e^{-2}); \mathbb{R}^2)$  for any  $\varepsilon > 0$ .

In order to prove the second claim we use polar coordinates and compute

$$
\int_{\mathbb{R}^2} g_{\varepsilon}(y)^2 \log \frac{1}{|y|} dy = \varepsilon^2 \int_{\mathbb{R}^2} \left( |y|^2 \log \frac{1}{|y|} \left( \log \log \frac{1}{|y|} \right)^2 \right)^{-1} \chi_{\mathbb{D}(0, e^{-2})} dy
$$
  
=  $\varepsilon^2 \int_0^{2\pi} \int_0^{e^{-2}} \left( r \log \frac{1}{r} \left( \log \log \frac{1}{r} \right)^2 \right)^{-1} dr d\varphi.$ 

The last term converges to 0 as  $\varepsilon \to 0$  since

$$
\frac{d}{ds}\left(\log\log\frac{1}{s}\right)^{-1} = \left(s\log\frac{1}{s}\left(\log\log\frac{1}{s}\right)^{2}\right)^{-1}.
$$

The second claim follows.

We are now able to prove Proposition [4.1.](#page-14-1) Let  $V_0$  be the  $x_0$ -component of *B*(*x*<sub>0</sub>, *s*). Denote the *x*<sub>0</sub>-component of  $f^{-1}(f(x_0)) \cap V_0$  by *J*. We may assume that  $V_0 \setminus f^{-1}(f(x_0)) \neq \emptyset$ , since otherwise there is nothing to prove. Towards contradiction, assume that *J* is a non-trivial continuum. Fix another non-trivial continuum *I* ⊂ *V*<sub>0</sub>\  $f^{-1}(f(x_0))$ .

By scaling and translating the target we may assume that  $f(x_0) = 0$ ,  $f(I) \cap$ D(0,  $e^{-2}$ ) = Ø, and that the constant *r*<sub>0</sub> in Condition [\(4.1\)](#page-14-0) satisfies *r*<sub>0</sub> ≥  $e^{-2}$ . Let  $\Gamma'$  be the curve family from Lemma [4.5.](#page-15-0) Note that  $\Gamma = f(\Gamma')$  is a subfamily of  $\Gamma({0}, \partial \mathbb{D}(0, e^{-2}); \mathbb{R}^2)$ . Hence, we know from Lemma [4.6](#page-16-1) that for any  $\varepsilon > 0$  the function  $g_{\varepsilon}$  is admissible for  $\Gamma$ . Lemma [4.4](#page-15-1) implies that Lemma [4.3](#page-14-3) can be applied to

our setting and thus

$$
\operatorname{Mod}_{K^{-1}}\Gamma' \le 4\sqrt{2}\int_{\mathbb{R}^2} g_{\varepsilon}(y)^2 N(y, f, B(x_0, s)) dy.
$$

Since  $g_{\varepsilon}$  is symmetric with respect to the origin, combining Assumption [\(4.1\)](#page-14-0) with polar coordinates yields

$$
\int_{\mathbb{R}^2} g_{\varepsilon}(y)^2 N(y, f, B(x_0, s)) dy = \int_0^{e^{-2}} r g_{\varepsilon}(r)^2 \int_0^{2\pi} N(re^{i\theta}, f, B(x_0, s)) d\theta dr
$$
  

$$
\leq C \int_0^{e^{-2}} r g_{\varepsilon}(r)^2 \log \frac{1}{r} dr = C \int_{\mathbb{R}^2} g_{\varepsilon}(y)^2 \log \frac{1}{|y|} dy.
$$

By the second part of Lemma [4.6,](#page-16-1) the right hand integral converges to 0 as  $\varepsilon$  goes to 0. Thus, Mod<sub>K</sub> $-1 \Gamma' = 0$ , contradicting Lemma [4.5.](#page-15-0) The proof is complete.

#### **4.2 Proof of Proposition [4.2](#page-14-2)**

<span id="page-18-0"></span>Let  $x_0$  and *s* be as in the statement. We may assume that  $f(x_0) = 0$ . We first show that  $f^{-1}(y)$  is totally disconnected for most points *y* ∈  $f(X)$  around 0.

**Lemma 4.7** *Let*  $\beta'$  *be the set of those*  $0 \le \theta < 2\pi$  *for which there is*  $R_{\theta} > 0$  *so that*  $f^{-1}(R_{\theta}e^{i\theta})$  *contains a non-degenerate continuum. Then*  $|\beta'|_1 = 0$ .

*Proof* We define

$$
\varphi \colon X \setminus f^{-1}(0) \to \mathbb{S}^1, \quad \varphi(x) = \frac{f(x)}{|f(x)|},
$$

and note that  $\rho_f^u/|f|$  is a weak upper gradient of  $\varphi$ . Towards a contradiction we assume that  $|\beta'|_1 > 0$ . Then there are  $\delta, \varepsilon > 0$  and a set  $\beta'_{\delta} \subset \beta'$ ,  $|\beta'_{\delta}|_1 > 0$ , such that for every  $\theta \in \beta'_\delta$  there exists  $R_\theta \in [\varepsilon, 1]$  for which  $f^{-1}(R_\theta e^{i\theta})$  contains a continuum  $E_\theta$ with  $\mathcal{H}^1(E_\theta) \geq \delta$ . As in the proof of Lemma [4.4,](#page-15-1) we see that almost every  $\theta \in \beta'_\delta$  the continuum  $E_{\theta}$  is the image of a rectifiable curve  $\gamma_{\theta}$ , and the modulus of the family of such curves is positive. By the definition of lower gradients and since  $f \circ \gamma_{\theta}$  is constant by construction, we then have that  $\rho_f^l = 0$  almost everywhere in

$$
E=\bigcup_{\theta\in\beta'_\delta}E_\theta.
$$

Furthermore, since *f* has finite distortion, also  $\rho_f^u = 0$  almost everywhere in *E*. Let

$$
F = \{x \in X : |f(x)| \ge \varepsilon, \ \rho_f^u(x) = 0\} \supset E.
$$

 $\mathcal{D}$  Springer

We apply the Sobolev coarea inequality (Theorem [2.2\)](#page-6-1) to compute

$$
0 < \delta |\beta_\delta'|_1 \le \int_{\beta_\delta'}^* \mathcal{H}^1(E_\theta) d\theta \le \frac{4}{\pi} \int_F \frac{\rho_f^u}{|f|} d\mathcal{H}^2 = 0,
$$

<span id="page-19-2"></span>a contradiction. The proof is complete.

**Lemma 4.8** *Let*  $\beta'$  *be the set in Lemma [4.7.](#page-18-0) There exists*  $\beta \supset \beta'$  *with*  $|\beta|_1 = 0$ *, and*  $an$  *open*  $\Omega' \subset X$ *, such that* 

*(1) f* |- *is a local homeomorphism, and (2) if*  $V = \{te^{i\theta} : t > 0, \theta \in \beta\}$ , *then*  $\Omega' \supset X \setminus f^{-1}(V)$ .

*Proof* Set  $V' = \{te^{i\theta} : \theta \in \beta', t > 0\}$ . Let  $y \in f(X) \setminus V'$  and  $x \in f^{-1}(y)$ . Then, since  ${x}$  is a component of  $f^{-1}(y)$ , there is a Jordan domain  $\tilde{U}_x$  in *X* such that  $x \in \tilde{U}_x$  and  $y \notin f(\tilde{U}_x)$ . Let  $W$  be the *y* component of  $\mathbb{R}^2$ ,  $f(\tilde{U}_x)$  and  $U_x$  the *y* component of *y* ∉  $f(\partial \widetilde{U}_x)$ . Let  $W_x$  be the *y*-component of  $\mathbb{R}^2 \setminus f(\partial \widetilde{U}_x)$  and  $U_x$  the *x*-component of  $f^{-1}(W)$ . It follows that  $f(2U_x) = 2W$ , Indeed, otherwise there is a point  $g \in 2U$ .  $f^{-1}(W_x)$ . It follows that  $f(\partial U_x) \subset \partial W_x$ . Indeed, otherwise there is a point  $a \in \partial U_x$ with  $f(a) \in W_x$  and therefore there exists a neighbourhood *Y* of  $f(a)$  in  $W_x$ , but the *a*-component of  $f^{-1}(Y)$  is not contained in  $U_x$ , which is a contradiction.

The assumption that *f* is sense-preserving now implies  $f(\partial U_x) = \partial W_x$ . Using basic degree theory, we conclude that  $f^{-1}(z)$  has at most deg(*y*, *f*,  $U_x$ ) components in  $U_x$  for every  $z \in W_x$ . Furthermore, arguing as in the proof of Lemma [4.7](#page-18-0) we see that for almost every such  $z$  all of these components are points. In other words,

$$
N(z, f, U_x) \le \deg(y, f, U_x) < \infty
$$

for almost every  $z \in W_x$ . In particular, every  $x \in U_x$  satisfies the conditions in Proposition [4.1,](#page-14-1) and therefore  $f|_{U_r}$  is open and discrete.

We have established the following.

<span id="page-19-0"></span>(i) If  $y \in f(X) \setminus V'$  and  $x \in f^{-1}(y)$ , then *x* has a neighbourhood  $U_x$  such that  $f|_{U_x}$ is open and discrete.

We define

$$
\widehat{\Omega} = \{ x \in X : x\text{-component of } f^{-1}(f(x)) \text{ is } \{x\} \}.
$$

Note that if  $x \in \Omega$ , then there exists a neighbourhood *Y* of  $f(x)$  such that the closure of the *x*-component of  $f^{-1}(Y)$  is compact. As above, we find a neighbourhood  $U_x$  of *x* such that  $f|_{U_x}$  is open and discrete. In particular,  $\Omega$  is open. Moreover, it follows from [\(i\)](#page-19-0) that  $\widehat{\Omega} \supset X \setminus f^{-1}(V')$ . We have shown that

<span id="page-19-1"></span>(ii)  $\widehat{\Omega}$  is open, *f* |<sub> $\widehat{\Omega}$ </sub> is open and discrete, and  $\widehat{\Omega} \supset X \setminus f^{-1}(V')$ .

Denote by  $\mathcal{B}_f$  the branch set of  $f|_{\widehat{\Omega}}$ , i.e., the set of points where  $f|_{\widehat{\Omega}}$  fails to be locally invertible and define invertible, and define

$$
\beta'' = \{0 \le \theta < 2\pi : Re^{i\theta} \in f(\mathcal{B}_f) \text{ for some } R > 0\}.
$$

Recall that  $B_f$  is closed and countable, see [\[6,](#page-27-12) [7,](#page-27-13) [44\]](#page-28-28), thus  $\beta''$  is countable. It follows from Lemma [4.7](#page-18-0) and [\(ii\)](#page-19-1) that the sets  $\Omega' = \Omega \setminus \mathcal{B}_f$  and  $\beta = \beta' \cup \beta''$  possess the desired proporties desired properties.

<span id="page-20-1"></span>**Lemma 4.9** *Let*  $m \in \mathbb{N}$ ,  $0 < r < e^{-2}$ , and assume that  $\overline{B}(x_0, 2s)$  *is compact and satisfies*  $f(\overline{B}(x_0, 2s)) \subset \mathbb{D}(0, 1)$ *. If* 

$$
E_m = \{0 \le \theta < 2\pi : N(re^{i\theta}, f, B(x_0, s)) = m\},\
$$

*then*

$$
m|E_m|_1 \leq \frac{64\sqrt{2}}{\pi s^2} \int_{F_m} K_f d\mathcal{H}^2 \cdot \log \frac{1}{r},
$$

*where*  $F_m = \{x \in X : \arg(f(x)) \in E_m\}.$ 

*Proof* We assume  $|E_m|_1 > 0$ , otherwise there is nothing to show. Let  $\beta$  and  $\Omega'$  be as in Lemma [4.8.](#page-19-2) We set  $E'_m = E_m \setminus \beta$  and note that  $|E'_m|_1 = |E_m|_1$  since  $|\beta|_1 = 0$ . We also denote

$$
F'_{m} = \{x \in X : \arg(f(x)) \in E'_{m}\} \subset F_{m}.
$$

 $Fix \theta \in E'_m$ , then

$$
f^{-1}(\{te^{i\theta}:t\geq r\})\subset\Omega'.
$$

We can therefore apply path lifting of local homeomorphisms to curves  $I_{\theta} = \{te^{i\theta} :$ *r* ≤ *t* ≤ 1} as follows: if {*x*<sub>1</sub>, ..., *x<sub>m</sub>*} =  $f^{-1}(re^{i\theta}) \cap B(x, s)$  then for every *j* ∈  $\{1, ..., m\}$  there exists a maximal lift  $\gamma_{\theta}^{j}$  of  $I_{\theta}$  starting at  $x_j$ , see [\[40](#page-28-17), Theorem II.3.2]. Note that if  $\varphi$ : *X*  $\rightarrow$  [0, 2 $\pi$ ) is defined by  $\varphi$ (*x*) = arg(*f*(*x*)), then the image of each  $\gamma_{\theta}^{j}$  is contained in the level set  $\varphi^{-1}(\theta)$ .

Since  $\overline{B}(x, 2s)$  is compact and  $f(\overline{B}(x, 2s)) \subset \mathbb{D}(0, 1)$ , every curve  $\gamma_{\theta}^{j}$  connects  $B(x, s)$  and  $X \setminus B(x, 2s)$ , and so  $\mathcal{H}^1(|\gamma_\theta^j|) \geq s$ . Moreover,  $f|_{|\gamma_\theta^j|}$  is injective. It follows that

<span id="page-20-0"></span>
$$
s \cdot m \le \sum_{j=1}^{m} \mathcal{H}^1(|\gamma_{\theta}^j|) \le \mathcal{H}^1(\{x \in X : \arg(f(x)) = \theta\})
$$
 (4.3)

for every  $\theta \in E'_m$ .

We combine [\(4.3\)](#page-20-0) with the Sobolev coarea inequality (Theorem [2.2\)](#page-6-1) and Hölder's inequality to compute

$$
s \cdot m \cdot |E_m|_1 = s \cdot m \cdot |E'_m|_1
$$
  
\n
$$
\leq \int_{E'_m} \mathcal{H}^1(\{x \in X : \arg(f(x)) = \theta\}) d\theta
$$

$$
\leq \frac{4}{\pi} \int_{F_m} \frac{\rho_f^u}{|f|} d\mathcal{H}^2 \leq \frac{4}{\pi} \int_{F_m} K_f^{1/2} \cdot \frac{(\rho_f^u \cdot \rho_f^l)^{1/2}}{|f|} d\mathcal{H}^2
$$
  

$$
\leq \frac{4}{\pi} \left( \int_{F_m} K_f d\mathcal{H}^2 \right)^{1/2} \left( \underbrace{\int_{F'_m} \frac{\rho_f^u \cdot \rho_f^l}{|f|^2} d\mathcal{H}^2}_{=:I} \right)^{1/2}.
$$

For each  $j \in \{1, ..., m\}$  we define the curve family

$$
\Gamma'_j = \{ \gamma_\theta^j : t \in E'_m \}.
$$

Lemma [4.4](#page-15-1) applied to  $\Gamma'_j$  shows that  $\mathcal{H}^1(|\gamma_\theta^j| \cap X_0) = 0$  for almost every  $\theta \in E'_m$ and every  $j \in \{1, ..., m\}$ , where  $X_0$  is as in Theorem [3.1.](#page-10-2) Hence, if

$$
F_m'' = \{ x \in X : x \in |\gamma_\theta^j| \text{ for some } \theta \in E_m' \text{ and } 1 \le j \le m \} \supset F_m',
$$

then  $\mathcal{H}^2(F_m'' \cap X_0) = 0$  and  $N(y, f, F_m'') \le m$  for every  $y \in \mathbb{R}^2$ . By the area inequality (Theorem [3.1\)](#page-10-2) and polar coordinates,

$$
I \le 4\sqrt{2} \int_{E_m} \int_r^1 \frac{N(se^{i\theta}, f, F_m'')}{s} ds d\theta \le 4\sqrt{2} \cdot |E_m|_1 \cdot m \cdot \log \frac{1}{r}.
$$

The lemma follows by combining the estimates.

Proposition [4.2](#page-14-2) follows from Lemma [4.9:](#page-20-1) notice that by scaling we may assume that  $f(\overline{B}(x_0, 2s)) \subset \mathbb{D}(0, 1)$ , so that the conditions of Lemma [4.9](#page-20-1) are satisfied. Recall that the sets  $F_m$  are pairwise disjoint. Therefore, summing the estimate in Lemma  $4.9$ over *m* gives

$$
\int_0^{2\pi} N(re^{i\theta}, f, B(x_0, s)) d\theta = \sum_{m=1}^{\infty} m |E_m|_1
$$
  
\n
$$
\leq C \log \frac{1}{r} \sum_{m=1}^{\infty} \int_{F_m} K_f(x) d\mathcal{H}^2
$$
  
\n
$$
\leq C \log \frac{1}{r} \int_X K_f(x) d\mathcal{H}^2.
$$

We may replace *X* with a compactly contained subdomain if necessary to guarantee that  $K_f$  is integrable. Proposition [4.2](#page-14-2) follows.

## <span id="page-21-0"></span>**5 Regularity of the inverse**

In this section we study the regularity of the inverse of a mapping of finite distortion and prove Theorem [1.3.](#page-3-1) Let  $f \in N_{\text{loc}}^{1,2}(X, \Omega')$  be a homeomorphism with  $K_f \in L^1_{\text{loc}}(X)$ ,

$$
\Box
$$

where  $\Omega' \subset \mathbb{R}^2$ . We set  $\phi = f^{-1} : \Omega' \to X$  and define  $\psi : \Omega' \to [0, \infty]$  by

$$
\psi(y) = \frac{1}{\rho_f^l(\phi(y))}.
$$

<span id="page-22-0"></span>**Lemma 5.1** *We have*

$$
\int_{E} \psi(y)^2 dy \le 2 \int_{\phi(E)} K_f(x) d\mathcal{H}^2(x)
$$

*for every Borel set*  $E \subset \Omega'$ *. In particular,*  $\psi \in L^2_{loc}(\Omega').$ 

*Proof* Again, let  $u : U \rightarrow X$ ,  $U \subset \mathbb{R}^2$ , be a weakly  $(4/\pi)$ -quasiconformal parametrization and  $h = f \circ u$ . Then *h* is locally in  $N^{1,2}(U, \mathbb{R}^2)$  and monotone. Therefore, *h* satisfies Condition (*N*) and consequently the euclidean area formula, see [\[30](#page-28-13)]. Combining the area formula with distortion estimates established in previous sections, we have

$$
\int_{E} \psi(y)^{2} dy = \int_{h^{-1}(E)} \frac{J(\text{ap md } h_{z})}{\rho_{f}^{l}(u(z))^{2}} dz = \int_{h^{-1}(E)} \frac{L_{h}(z) \cdot l_{h}(z)}{\rho_{f}^{l}(u(z))^{2}} dz
$$
\n
$$
\leq \int_{h^{-1}(E)} \frac{\rho_{f}^{u}(u(z)) \cdot \rho_{f}^{l}(u(z))}{\rho_{f}^{l}(u(z))^{2}} L_{u}(z)^{2} dz
$$
\n
$$
\leq 2 \int_{h^{-1}(E)} K_{f}(u(z)) \cdot J(\text{ap md } u_{z}) dz.
$$

Here the second equality holds since both the domain and target of *h* are euclidean domains and the first inequality holds by Lemma [2.10](#page-10-1) and Proposition [3.2.](#page-11-3) The second inequality holds by [\(2.6\)](#page-9-2) and recalling that we can choose *u* so that the John ellipses of ap md  $u_7$  are disks for almost every *z*. The claim now follows from the area formula for  $u$  (Theorem [2.6\)](#page-8-2).

<span id="page-22-2"></span>**Lemma 5.2** *Suppose*  $\alpha : X \to \mathbb{R}$  *is* 1-*Lipschitz. Then*  $v = \alpha \circ \phi$  *is absolutely continuous on almost every line parallel to coordinate axes, and*  $|\partial_j v| \leq \frac{16\sqrt{2}}{\pi} \cdot \psi$  *almost everywhere for*  $j = 1, 2$ .

**Proof** It suffices to consider horizontal lines. Fix a square  $Q \subset \Omega'$  with sides parallel to coordinate axes. By scaling and translating, we may assume that  $Q = [0, 1]^2$ .

By Lebesgue's theorem, there exists a set  $\Phi \subset (0, 1)$  of full measure so that if  $s_0 \in \Phi$  then

<span id="page-22-1"></span>
$$
\frac{1}{2\varepsilon} \int_{F_{\varepsilon}} \psi(y) \, dy = \frac{1}{2\varepsilon} \int_{s_0 - \varepsilon}^{s_0 + \varepsilon} \int_{t_1}^{t_2} \psi(t, s) \, dt \, ds \to \int_{t_1}^{t_2} \psi(t, s_0) \, dt \tag{5.1}
$$

as  $\varepsilon \to 0$  for every  $0 \le t_1 < t_2 \le 1$ , where  $F_{\varepsilon} = [t_1, t_2] \times [s_0 - \varepsilon, s_0 + \varepsilon]$ .

 $\circled{2}$  Springer

Fix  $s_0 \in \Phi$ . The claim now follows from Lemma [5.1](#page-22-0) if we can show that

<span id="page-23-0"></span>
$$
|\phi(t_2, s_0) - \phi(t_1, s_0)| \le \frac{16\sqrt{2}}{\pi} \int_{t_1}^{t_2} \psi(t, s_0) dt
$$
 (5.2)

for every  $0 \le t_1 < t_2 \le 1$ .

Given  $0 < \varepsilon < \min\{s_0, 1 - s_0\}$  we set  $E_{\varepsilon} = \phi(F_{\varepsilon})$ . Let  $\varphi = \pi_2 \circ f|_{E_{\varepsilon}}$ , where  $\pi_2$ denotes projection to the *s*-axis on the  $(t, s)$ -plane. By continuity of  $\varphi$ , Lemma [4.4,](#page-15-1) and the Sobolev coarea inequality (Theorem [2.2\)](#page-6-1) applied to  $\varphi$ , we have

$$
|\phi(t_2, s_0) - \phi(t_1, s_0)| \leq \delta(\varepsilon) + \frac{1}{2\varepsilon} \int_{s_0 - \varepsilon}^{s_0 + \varepsilon} \mathcal{H}^1(\varphi^{-1}(s) \setminus X_0) ds
$$
  

$$
\leq \delta(\varepsilon) + \frac{2}{\pi\varepsilon} \int_{E_\varepsilon \setminus X_0} \frac{\rho_f^u \cdot \rho_f^l}{\rho_f^l} \chi_{\rho_f^l \neq 0} d\mathcal{H}^2,
$$

where  $X_0$  is the set in the Area inequality (Theorem [3.1\)](#page-10-2) and  $\delta(\varepsilon) \to 0$  as  $\varepsilon \to 0$ . Combining with Theorem [3.1,](#page-10-2) we obtain

<span id="page-23-1"></span>
$$
|\phi(t_2, s_0) - \phi(t_1, s_0)| \le \delta(\varepsilon) + \frac{8\sqrt{2}}{\pi \varepsilon} \int_{F_{\varepsilon}} \psi(y) \, dy. \tag{5.3}
$$

Now  $(5.2)$  follows by combining  $(5.3)$  and  $(5.1)$ .

We are ready to prove Theorem [1.3.](#page-3-1) Since  $\phi$  is continuous,  $d_X(\phi(\cdot), x_0) \in L^2_{loc}(\Omega')$ for every  $x_0 \in X$ . By Lemma [5.1](#page-22-0) and the ACL-characterization of Sobolev functions (see [\[13](#page-27-4), Theorem 6.1.17]), we see that every v in Lemma [5.2](#page-22-2) belongs to  $W^{1,2}_{loc}(\Omega')$ and satisfies  $|\nabla v| \leq \frac{32\psi}{\pi}$  almost everywhere. Furthermore, the characterization of Sobolev maps in terms of post-compositions with 1-Lipschitz functions, i.e., in terms of the functions v above (see  $[13,$  $[13,$  Theorem 7.1.20 and Proposition 7.1.36]), shows that  $\phi \in N^{1,2}_{loc}(\Omega', X)$ . The proof is complete.

*Remark 5.3* When  $X \subset \mathbb{R}^2$ , the  $N_{\text{loc}}^{1,2}(X, \mathbb{R}^2)$ -regularity assumption in Theorem [1.3](#page-3-1) may be replaced with  $f \in N_{\text{loc}}^{1,1}(X,\mathbb{R}^2)$ . Moreover, the conclusion on the regularity of  $f^{-1}$  is more precise, see [\[16](#page-27-5)]. While our results only concern  $N_{\text{loc}}^{1,2}$ -maps, it would be interesting to extend the definition of finite distortion to  $N_{\text{loc}}^{1,1}$ -maps between metric surfaces and develop basic properties including improvements of Theorem [1.3.](#page-3-1) One cannot expect the conclusions of Remarks  $2.3$  and  $2.8$  to hold in the  $N^{1,1}$ -setting without additional assumptions; maps  $f \in N_{\text{loc}}^{1,1}(X,\mathbb{R}^2)$  of finite distortion need not be continuous or satisfy Condition (N) even when  $X \subset \mathbb{R}^2$  (see e.g. [\[12\]](#page-27-3)).

# <span id="page-24-1"></span>**6 Reciprocal surfaces**

Recall the *geometric definition of quasiconformality*: a homeomorphism  $f: X \rightarrow Y$ is *quasiconformal* if there exists  $C > 1$  such that

<span id="page-24-4"></span>
$$
C^{-1} \text{Mod } f(\Gamma) \le \text{Mod } \Gamma \le C \text{ Mod } f(\Gamma) \tag{6.1}
$$

for each curve family  $\Gamma$  in *X*.

We say that metric surface *X* is *reciprocal* if there exists  $\kappa > 0$  such that for every topological quadrilateral  $Q \subset X$  and for the families  $\Gamma(Q)$  and  $\Gamma^*(Q)$  of curves joining opposite sides of *Q* we have

<span id="page-24-2"></span>
$$
\text{Mod }\Gamma(Q) \cdot \text{Mod }\Gamma^*(Q) \leq \kappa.
$$

If *X* is reciprocal,  $x \in X$  and  $R > 0$  so that  $X \setminus B(x, R) \neq \emptyset$ , then by [\[35,](#page-28-20) Theorem 1.8] we have

$$
\lim_{r \to 0} \text{Mod } \Gamma(B(x, r), X \setminus B(x, R); X) = 0. \tag{6.2}
$$

Recall that  $\Gamma(E, F; G)$  is the family of curves joining *E* and *F* in  $\overline{G}$ .

Reciprocal surfaces are the metric surfaces that admit quasiconformal parametrizations by euclidean domains, see [\[20,](#page-28-3) [35,](#page-28-20) [39](#page-28-16)]. See [\[9](#page-27-14), [34](#page-28-14)[–36](#page-28-15), [39,](#page-28-16) [41](#page-28-27)] for further properties of reciprocal surfaces.

It is desirable to find non-trivial conditions which imply reciprocality. For instance, one could hope that the existence of maps satisfying the conditions of Theorem [1.2](#page-3-0) forces *X* to be reciprocal. However, this is not the case.

<span id="page-24-0"></span>**Proposition 6.1** *Given an increasing*  $\phi$  :  $[1, \infty) \rightarrow [1, \infty)$  *so that*  $\phi(t) \rightarrow \infty$  *as*  $t \rightarrow$  $\infty$ *, there is a non-reciprocal metric surface X and a homeomorphism*  $f: X \to \mathbb{R}^2$  so *that*  $f \in N_{loc}^{1,2}(X,\mathbb{R}^2)$  *and*  $\phi(K_f)$  *is locally integrable.* 

The map  $f_0$  defined in the proof below is known as Ball's map  $([2])$  $([2])$  $([2])$  and illustrates that the integrability condition in Theorem [1.2](#page-3-0) is sharp.

*Proof* Let  $f_0: \mathbb{R}^2 \to \mathbb{R}^2$  be defined by  $f_0(x, y) = (x, \eta(x, y))$ , where

$$
\eta(x, y) = \begin{cases} |x|y, & 0 \le |x| \le 1, \ 0 \le |y| \le 1, \\ (2(|y|-1) + |x|(2-|y|))\frac{y}{|y|}, & 0 \le |x| \le 1, \ 1 \le |y| \le 2, \\ y, & \text{otherwise.} \end{cases}
$$

Note that  $f_0$  is not open and discrete since it maps the segment  $I = \{0\} \times [-1, 1]$ to the origin. Also,  $f_0$  is the identity outside  $(-1, 1) \times (-2, 2)$ . Calculating the Jacobian matrix shows that  $f_0$  is sense-preserving and Lipschitz,  $K_{f_0}$  is bounded outside  $(-1, 1) \times (-1, 1)$ , and

<span id="page-24-3"></span>
$$
K_{f_0}(x, y) = \frac{1}{|x|} \quad \text{for all } (x, y) \in (-1, 1) \times (-1, 1). \tag{6.3}
$$

 $\mathcal{D}$  Springer

It follows that  $K_{f_0}$  is not in  $L^1_{\text{loc}}(\mathbb{R}^2)$  but  $K_{f_0} \in L^p_{\text{loc}}(\mathbb{R}^2)$  for every  $0 < p < 1$ .

We change the metric on  $\mathbb{R}^2$  to obtain the desired metric surface *X* and  $f: X \to \mathbb{R}^2$ . Define  $\omega : \mathbb{R}^2 \to [0, 1]$  by  $\omega(z) = 1$  when dist(*z*, *I*) > 1 and by

<span id="page-25-0"></span>
$$
\omega(z) = \frac{1}{\phi(\text{dist}(z, I)^{-1})}
$$
\n(6.4)

otherwise, where  $I = \{0\} \times [-1, 1]$ . Moreover, let

$$
d_{\omega}(x, y) := \inf_{\gamma} \int_{\gamma} \omega \, ds,
$$

where the infimum is taken over all rectifiable curves  $\gamma$  connecting  $x, y \in \mathbb{R}^2$ .

Now  $X = (\mathbb{R}^2/I, d_\omega)$  is homeomorphic to  $\mathbb{R}^2$  and has locally finite  $\mathcal{H}^2$ -measure. Let  $\pi: \mathbb{R}^2 \to \mathbb{R}^2/I$  be the projection map,  $\mathrm{id}_{\omega}: \mathbb{R}^2/I \to X$  the identity, and  $\pi_{\omega} \colon \mathbb{R}^2 \to X$ ,  $\pi_{\omega} = id_{\omega} \circ \pi$ .

Since modulus is conformally invariant and  $\omega$  is a conformal change of metric outside *I*, the family of curves joining any non-trivial continuum and the point  $p :=$  $\pi_{\omega}(I)$  in *X* has positive modulus. By [\(6.2\)](#page-24-2), it follows that *X* is non-reciprocal.

We define  $f: X \to \mathbb{R}^2$  by  $f := f_0 \circ \pi_{\omega}^{-1}$ . Then *f* is absolutely continuous on almost every rectifiable curve in *X*, and  $\rho_f^u(z) \leq (\omega(z))^{-1} \cdot L$  for almost every  $z \in X$ , where  $L$  is the Lipschitz constant of  $f_0$ . Therefore,

$$
\int_E (\rho_f^u)^2 d\mathcal{H}^2 \le L^2 |\pi_\omega^{-1}(E)|_2
$$

for every Borel set  $E \subset X$ . We conclude that  $f \in N_{\text{loc}}^{1,2}(X,\mathbb{R}^2)$ .

It remains to estimate the integral of  $\phi(K_f)$ . To this end, notice that since  $\omega$  is a conformal change of metric, we have

$$
K_f(z) = K_{f_0}(\pi_{\omega}^{-1}(z))
$$

for almost every  $z \in X$ . Therefore, it suffices to check that  $\phi(K_f)$  is integrable over  $E = \pi_{\omega}((-1, 1) \times (-1, 1))$ . By [\(6.3\)](#page-24-3) and [\(6.4\)](#page-25-0), we have

$$
\int_{E} \phi(K_f(z)) d\mathcal{H}^2 = \int_{(-1,1)^2} \phi(K_{f_0}) \cdot \omega^2 dx dy \le \int_{(-1,1)^2} \frac{1}{\phi(|x|^{-1})} dx dy < \infty.
$$

The proof is complete.

We prove in [\[33](#page-28-18), Theorem 1.3] that if there is a non-constant  $f \in FDP(X, \mathbb{R}^2)$ (not necessarily a homeomorphism) with *bounded* distortion, then *X* is reciprocal. We also show (see  $[33,$  $[33,$  Corollary 1.2]) that the geometric definition  $(6.1)$  is quantitatively equivalent with the path definition (requiring  $K_f$  to be bounded) of quasiconformality for homeomorphisms  $f : X \to \mathbb{R}^2$ . By Williams' theorem [\[47\]](#page-28-24), the equivalence between the analytic (requiring  $C(x)$  to be bounded in [\(1.5\)](#page-3-2)) and geometric definitions of quasiconformality for homeomorphisms holds in even greater generality.

# <span id="page-26-0"></span>**7 Existence of maximal weak lower gradients**

Let *X* and *Y* be metric surfaces. We now complete the discussion in Sect.  $2.3$  by proving that each  $f \in N_{\text{loc}}^{1,2}(X, Y)$  has a *maximal weak lower gradient*. Precisely, we claim that there is a weak lower gradient  $\rho_f^l$  of f so that if  $\rho^l$  is another weak lower gradient of *f* then

$$
\rho_f^l(x) \ge \rho^l(x) \quad \text{for almost every } x \in X.
$$

Moreover,  $\rho_f^l$  is unique up to a set of measure zero. The proof of these facts is analogous to the existence of minimal weak upper gradients, see [\[13](#page-27-4), Theorem 6.3.20].

First, recall that *f* is absolutely continuous along almost every curve [\[13,](#page-27-4) Lemma 6.3.1]. It follows from [\[13,](#page-27-4) Lemma 5.2.16] that if  $\rho$  is a weak lower gradient of f and  $\sigma: X \to [0, \infty]$  is a Borel function such that  $\sigma = \rho$  almost everywhere in X, then  $\sigma$  is a weak lower gradient of *f*. In particular, if  $E \subset X$  is Borel and satisfies  $\mathcal{H}^2(E) = 0$  then  $\rho \chi_{X \setminus E}$  is a weak lower gradient of *u*, compare to [\[13](#page-27-4), Lemma 6.2.8]. We conclude that if there exists a maximal weak lower gradient  $\rho_f^l$  of f, it has to be unique up to sets of measure zero.

To prove existence of  $\rho_f^l$ , we may assume without loss of generality that  $H^2(X)$  <  $\infty$ . Arguing exactly as in the proof of [\[13,](#page-27-4) Lemma 6.3.8], we can show that if  $\sigma$ ,  $\tau \in$  $L^2(X)$  are weak lower gradients of a map  $f: X \to Y$  that is absolutely continuous along almost every curve in *X* and if *E* is a measurable subset of *X* then the function

$$
\rho = \sigma \cdot \chi_E + \tau \cdot \chi_{X \setminus E}
$$

is a weak lower gradient of f. Now, by choosing  $E = \{x \in X : \sigma > \tau\}$ , it follows that  $\rho: X \to [0, \infty]$  defined by

$$
\rho(x) = \max\{\sigma(x), \tau(x)\}\
$$

<span id="page-26-1"></span>is a 2-integrable weak lower gradient of *f* . After applying Fuglede's lemma, see e.g. [\[13](#page-27-4), Section 5.1], we established the following lemma.

**Lemma 7.1** *If f* :  $X \rightarrow Y$  *is absolutely continuous along almost every curve, then the collection L of* 2*-integrable weak lower gradients of f is closed under pointwise maximum operations.*

Let  $(\rho_i) \subset \mathcal{L}$  be a sequence such that

$$
\lim_{i\to\infty}||\rho_i||_{L^2}=\sup\{||\rho||_{L^2}:\rho\in\mathcal{L}\}.
$$

By Lemma [7.1,](#page-26-1) the sequence  $(\rho'_i)$  given by  $\rho'_i(x) = \max_{1 \leq j \leq i} \rho_j(x)$  is in  $\mathcal{L}$ . Note that  $(\rho_i')$  is pointwise increasing. The limit function

$$
\rho_f^l := \lim_{i \to \infty} \rho_i^l
$$

 $\mathcal{D}$  Springer

is Borel by [\[13](#page-27-4), Proposition 3.3.22]. The monotone convergence theorem implies that  $\rho'_i \to \rho'_f$  in  $L^2(X)$  and by Fuglede's lemma  $\rho'_f \in \mathcal{L}$ , see e.g. [\[16,](#page-27-5) Section 5.1]. By construction,  $\rho_f^l$  is a maximal weak lower gradient of f. The proof is complete.

**Funding** Open access funding provided by University of Fribourg

**Data availability** The paper has no associated data.

**Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit [http://creativecommons.org/licenses/by/4.0/.](http://creativecommons.org/licenses/by/4.0/)

# **References**

- <span id="page-27-0"></span>1. Astala, K., Iwaniec, T., Martin, G.: Elliptic Partial Differential Equations and Quasiconformal Mappings in the Plane, Princeton Mathematical Series, vol. 48. Princeton University Press, Princeton (2009)
- <span id="page-27-1"></span>2. Ball, J.M.: Global invertibility of Sobolev functions and the interpenetration of matter. Proc. Roy. Soc. Edinb. Sect. A **88**(3–4), 315–328 (1981)
- <span id="page-27-11"></span>3. Ball, K.: An Elementary Introduction to Modern Convex Geometry, Flavors of Geometry, pp. 1-58 (1997)
- <span id="page-27-8"></span>4. Brena, C., Campbell, D.: BV and Sobolev homeomorphisms between metric measure spaces and the plane. Adv. Calc. Var. **16**(2), 363–377 (2023)
- <span id="page-27-6"></span>5. Bonk, M., Kleiner, B.: Quasisymmetric parametrizations of two-dimensional metric spheres. Invent. Math. **150**(1), 127–183 (2002)
- <span id="page-27-12"></span>6. Cernavski˘ ˇ ı, A.V.: Finite-to-one open mappings of manifolds. Mat. Sb. (N.S.) **65**(107), 357–369 (1964)
- <span id="page-27-13"></span>7. Černavskiĭ, A.V.: Addendum to the paper Finite-to-one open mappings of manifolds. Mat. Sb. (N.S.) **66**(108), 471–472 (1965)
- <span id="page-27-10"></span>8. Evans, L.C., Gariepy, R.F.: Measure Theory and Fine Properties of Functions. Studies in Advanced Mathematics. CRC Press, Boca Raton (1992)
- <span id="page-27-14"></span>9. Eriksson-Bique, S., Poggi-Corradini, P.: On the sharp lower bound for duality of modulus. Proc. Am. Math. Soc. **150**(7), 2955–2968 (2022)
- <span id="page-27-9"></span>10. Esmayli, B., Hajłasz, P.: The coarea inequality. Ann. Fenn. Math. **46**(2), 965–991 (2021)
- <span id="page-27-7"></span>11. Esmayli, B., Ikonen, T., Rajala, K.: Coarea inequality for monotone functions on metric surfaces. Trans. Am. Math. Soc. **376**(10), 7377–7406 (2023)
- <span id="page-27-3"></span>12. Hencl, S., Koskela, P.: Regularity of the inverse of a planar Sobolev homeomorphism. Arch. Ration. Mech. Anal. **180**(1), 75–95 (2006)
- <span id="page-27-4"></span>13. Hencl, S., Rajala, K.: Optimal assumptions for discreteness. Arch. Ration.Mech. Anal. **207**(3), 775–783 (2013)
- 14. Hencl, S., Koskela, P.: Lectures on Mappings of Finite Distortion. Lecture Notes in Mathematics, vol. 2096. Springer, Cham (2014)
- 15. Heinonen, J., Keith, S.: Flat forms, bi-Lipschitz parameterizations, and smoothability of manifolds. Publ. Math. Inst. Hautes Études Sci. **113**, 1–37 (2011)
- <span id="page-27-5"></span>16. Heinonen, J., Koskela, P., Shanmugalingam, N., Tyson, J.T.: Sobolev Spaces on Metric Measure Spaces: An Approach Based on Upper Gradients, New Mathematical Monographs, vol. 27. Cambridge University Press, Cambridge (2015)
- <span id="page-27-2"></span>17. Heinonen, J., Rickman, S.: Geometric branched covers between generalized manifolds. Duke Math. J. **113**(3), 465–529 (2002)
- <span id="page-28-11"></span>18. Heinonen, J., Sullivan, D.: On the locally branched Euclidean metric gauge. Duke Math. J. **114**(1), 15–41 (2002)
- 19. Ikonen, T.: Uniformization of metric surfaces using isothermal coordinates. Ann. Fenn. Math. **47**(1), 155–180 (2022)
- <span id="page-28-3"></span>20. Iwaniec, T., Koskela, P., Onninen, J.: Mappings of finite distortion: monotonicity and continuity. Invent. Math. **144**(3), 507–531 (2001)
- <span id="page-28-4"></span>21. Iwaniec, T., Martin, G.: Geometric Function Theory and Non-linear Analysis,Oxford Mathematical Monographs. The Clarendon Press, New York (2001)
- <span id="page-28-1"></span>22. Iwaniec, T., Šverák, V.: On mappings with integrable dilatation. Proc. Am. Math. Soc. **118**(1), 181–188 (1993)
- <span id="page-28-23"></span>23. Karmanova, M.B.: Area and co-area formulas for mappings of the Sobolev classes with values in a metric space. Sibirsk. Mat. Zh. **48**(4), 778–788 (2007)
- <span id="page-28-12"></span>24. Kirsilä, V.: Integration by parts on generalized manifolds and applications on quasiregular maps. Ann. Acad. Sci. Fenn. Math. **41**(1), 321–341 (2016)
- <span id="page-28-5"></span>25. Kauhanen, J., Koskela, P., Malý, J.: Mappings of finite distortion: discreteness and openness. Arch. Ration. Mech. Anal. **160**(2), 135–151 (2001)
- <span id="page-28-6"></span>26. Kauhanen, J., Koskela, P., Malý, J., Onninen, J., Zhong, X.: Mappings of finite distortion: sharp Orlicz-conditions. Rev. Mat. Iberoamericana **19**(3), 857–872 (2003)
- <span id="page-28-0"></span>27. Luisto, R., Pankka, P.: Stoïlow's theorem revisited. Expo. Math. **38**(3), 303–318 (2020)
- <span id="page-28-22"></span>28. Lytchak, A., Wenger, S.: Area minimizing discs in metric spaces. Arch. Ration. Mech. Anal. **223**(3), 1123–1182 (2017)
- <span id="page-28-21"></span>29. Lytchak, A., Wenger, S.: Intrinsic structure of minimal discs in metric spaces. Geom. Topol. **22**(1), 591–644 (2018)
- <span id="page-28-13"></span>30. Malý, J., Martio, O.: Lusin's condition (N) and mappings of the class W1, n. J. Reine Angew. Math. **458**, 19–36 (1995)
- <span id="page-28-25"></span>31. Meier, D.: Quasiconformal uniformization of metric surfaces of higher topology. Indiana Univ. Math. J. (2024) **(To appear)**
- <span id="page-28-19"></span>32. Meier, D., Ntalampekos, D.: Lipschitz-volume rigidity and Sobolev coarea inequality for metric surfaces. J. Geom. Anal. **34**(5), 128–30 (2024)
- <span id="page-28-18"></span>33. Meier, D., Rajala, K.:Definitions of quasiconformality on metric surfaces. [arXiv:2405.07476](http://arxiv.org/abs/2405.07476) (2024)
- <span id="page-28-14"></span>34. Meier, D., Wenger, S.: Quasiconformal almost parametrizations of metric surfaces. J. Eur. Math. Soc. published online first (2024)
- <span id="page-28-20"></span>35. Ntalampekos, D., Romney, M.: Polyhedral approximation and uniformization for non-length surfaces. J. Eur. Math. Soc. (2024) (To appear)
- <span id="page-28-15"></span>36. Ntalampekos, D., Romney, M.: Polyhedral approximation of metric surfaces and applications to uniformization. Duke Math. J. **172**(9), 1673–1734 (2023)
- <span id="page-28-7"></span>37. Onninen, J., Zhong, X.: Mappings of finite distortion: a new proof for discreteness and openness. Proc. R. Soc. Edinb. Sect. A **138**(5), 1097–1102 (2008)
- <span id="page-28-8"></span>38. Rajala, K.: Remarks on the Iwaniec-Šverák conjecture. Indiana Univ. Math. J. **59**(6), 2027–2039 (2010)
- <span id="page-28-16"></span>39. Rajala, K.: Uniformization of two-dimensional metric surfaces. Invent. Math. **207**(3), 1301–1375 (2017)
- <span id="page-28-17"></span>40. Rajala, K., Romney, M.: Reciprocal lower bound on modulus of curve families in metric surfaces. Ann. Acad. Sci. Fenn. Math. **44**(2), 681–692 (2019)
- <span id="page-28-27"></span>41. Rešetnjak, Ju. G.: Spatial mappings with bounded distortion. Sibirsk. Mat. Z **8**, 629–658 (1967)
- <span id="page-28-2"></span>42. Rickman, S.: Quasiregular mappings, Ergebnisse der Mathematik und ihrer Grenzgebiete (3) [Results in Mathematics and Related Areas (3)], vol. 26. Springer, Berlin (1993)
- <span id="page-28-26"></span>43. Titus, C.J., Young, G.S.: The extension of interiority, with some applications. Trans. Am. Math. Soc. **103**, 329–340 (1962)
- <span id="page-28-28"></span>44. Väisälä, J.: Discrete open mappings on manifolds. Ann. Acad. Sci. Fenn. Ser. A **I**(392), 10 (1966)
- <span id="page-28-9"></span>45. Vodop'yanov, S.K., Gol'dshtein, V.M.: Quasiconformal mappings, and spaces of functions with first generalized derivatives. Sibirsk. Mat. Ž. **17**(3), 515–531 (1976). (**715**)
- <span id="page-28-10"></span>46. Villamor, E., Manfredi, J.J.: An extension of Reshetnyak's theorem. Indiana Univ. Math. J. **47**(3), 1131–1145 (1998)
- <span id="page-28-24"></span>47. Williams, M.: Geometric and analytic quasiconformality in metric measure spaces. Proc. Am. Math. Soc. **140**(4), 1251–1266 (2012)

**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.