

Eradication of a Multidrug-Resistant, Carbapenemase-Producing *Klebsiella pneumoniae* Isolate Following Oral and Intra-rectal Therapy With a Custom Made, Lytic Bacteriophage Preparation

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In July 2017, a patient presented colonization with a multidrug-resistant, carbapenemase (KPC-3)-producing *Klebsiella pneumoniae* isolate. A custom-made, lytic bacteriophage preparation was administered to the patient in December 2017, with subsequent eradication of the microorganism and without adverse effects.

Keywords. multidrug-resistant *Klebsiella pneumoniae*; antibiotic resistance; bacteriophage; personalized phage therapy; selective decolonization.

Infections caused by multidrug-resistant (MDR), carbapenemase-producing (CP) *Klebsiella pneumoniae* (*Kp*) are responsible for a rapidly growing burden of disease worldwide [1]. Among hospitalized adults, asymptomatic carriage of MDR *Enterobacteriales* (ie, colonization) precedes, and significantly augments, the risk of developing infections caused by these microorganisms [2]. In addition, colonization may be protracted, persisting in 39% of patients after 12 months of observation, with a mean time for spontaneous decolonization after hospital discharge of 387 days [3].

Gut colonization by MDR *Enterobacteriales* has also been established in healthy travelers returning from endemic areas of

antimicrobial resistance who were without a history of contact with medical care while abroad, with a demonstrated length of carriage of at least 6 months [4–6].

Besides the use of antibiotics, alternatives are urgently needed to significantly contribute to the eradication of MDR bacteria in general, and CP Gram-negative bacteria in particular. Among those alternative strategies, the use of phage therapy is currently being reconsidered for treating corresponding infections. Custom-made bacteriophage therapy (BT) consists of the clinical use of viruses that have been preliminarily selected *in vitro* for their specific and strictly lytic activity against a bacterial pathogen isolated in culture, with the aim of treating the infection sustained by the pathogen [7]. Several examples of the successful treatment of infections caused by MDR bacteria have been reported [7–9]. However, to the best of our knowledge, although it has been suggested [10], no gut decolonization strategy using bacteriophages has been reported to date.

We describe herein a patient for whom custom-made BT was employed to clear a long-standing colonization by a repeatedly invasive MDR and CP *Kp* isolate. The sequence of phage vB_KpnM_GF has been deposited in the Genbank databases under accession number MK421971.

CASE REPORT

In July 2017, a 57-year-old patient with a remote diagnosis of Crohn's disease, which had been in clinical remission since 2015, came to our attention for the multi-site colonization (ie, the gastrointestinal tract, the urinary tract, and a permanent external invasive device) of an MDR *Kp* strain with a 1-month duration.

Because of recurrent episodes of obstructive nephrolithiasis and urinary tract infections (UTIs) that occurred over a period of 3 years and were complicated by massive fibrosis of the bladder (residual volume: 25 ml), the patient had undergone right nephrectomy and radical cystectomy 5 months earlier (in February 2017), with the creation of a left cutaneous ureterostomy and positioning of a ureteral stent. The latter could not be removed because of rapidly ensuing hydronephrosis of the solitary kidney. The patient did not take medications and had Stage III chronic renal failure (creatinine clearance, 30 ml/min).

Rectal swab screening allowed the recovery of an MDR *Kp* isolate belonging to the Sequence Type ST307. That isolate was resistant to all β -lactams, including carbapenems, and produced the KPC-3 carbapenemase. It remained susceptible only to ceftazidime-avibactam (CZA), amikacin, fosfomycin, and tigecycline (see Supplementary Material).

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In August 2017, the patient was admitted with sepsis to the hospital in Milan. Owing to her colonization history with a CP *Kp*, she was empirically treated with CZA, with rapid resolution of the infection. Blood cultures, which had been confirmed positive for the MDR *Kp* at admission, were negative at 72 hours after the initiation of antimicrobial therapy. However, a culture of the proximal tip of the ureteral stent, which was replaced after 12 days of therapy with CZA, showed persistence of the microorganism. At 1 week after discharge, a urine culture, as well as a rectal swab of the patient, again turned positive for the MDR *Kp*, which nevertheless remained susceptible to CZA (see Table 1).

Given the patient's high risk of recurrent, invasive infections, sustained by the persistently colonizing MDR microorganism and the limited antibiotic armamentarium for treatment, in mid-October 2017, 5 *Kp* isolates that had been obtained at different time points from the urine ($n = 3$), rectal swab ($n = 1$), and ureteral stent ($n = 1$) of the patient were sent to the Georgi Eliava Institute of Bacteriophages in Tbilisi, Georgia, in order to obtain a custom-made, lytic bacteriophage preparation that would be active against the microorganism (see Supplementary Material). During the 9-week period of custom-made phage preparation, the patient actually experienced 2 additional UTIs, sustained by the MDR *Kp*. However, in both circumstances, the MDR *Kp* readily reappeared in the cultures of the rectal swab and the urine of the patient a few days after interruption of the antimicrobial therapy (see Table 1).

In December, the patient travelled to Tbilisi to collect the phage preparation and be instructed on its proper use. On this occasion, the physicians of the Eliava Phage Therapy Center obtained written informed consent to the treatment from the patient.

However, 2 days later, and before starting BT, the patient developed a fever and chills and immediately returned to Milan, where she was directly hospitalized upon arrival.

Urine and blood cultures were collected and she was empirically given CZA, with a prompt recovery. Her urine cultures were positive for the same CZA-susceptible *Kp*, as assessed by pulsed-field gel electrophoresis (detailed in the Supplementary Material), whereas her blood cultures remained negative. The ureteral stent was replaced on the fourth day of antibiotic therapy and a culture of its proximal tip still tested positive for the CP *Kp*. CZA was interrupted after 5 days of treatment and the patient was discharged the following day, while asymptomatic.

On 22 December 2017, 3 days after discharge, the patient started a 3-week cycle of BT, given by the oral and intra-rectal routes (see Supplementary Material).

Since BT was given on an outpatient basis, we did not seek approval by the Ethics Committee of Luigi Sacco Hospital before treatment initiation.

The treatment was well tolerated and the patient did not experience adverse effects (see Supplementary Material).

Table 1. Clinical Evolution, Antibiotic Treatment Cycles, and *Klebsiella pneumoniae* Colonization Status, Before and After Bacteriophage Therapy

Month	2017												2018											
	July	Aug	Sept	Oct	Nov	Dec	Dec	Dec	Dec	Dec	Dec	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clinical Picture	Asy	Asy	Asy	Asy	UTI	UTI	UTI	UTI	UTI	UTI	UTI	UTI	Asy	Asy	Asy	Asy	Asy	Asy	Asy	Asy	Asy	UTI	UTI	Asy
Antibiotic Therapy	no	CZA	no	no	P	CZA	CZA	CZA	CZA	CZA	CZA	CZA	no	E+T, M, C	A, Cf, T	no	no	no	no	no	no	C/C+L	no	C
CPKp Blood	na	+/-	na	na	-	-	-	-	-	-	-	-	na	-	-	na	na	na	na	na	na	-/-	na	-
CPKp Urine	+	+/-	+	+	+/-	+	+	+	+	+	+	+	-	-	-	-	-	-	-	-	-	-/-	-	-
CPKp Ureteral Stent	+	+/+	+	+	+	+	+	+	+	+	+	+	-	-	-	-	-	-	-	-	-	-/-	na	-
CPKp Rectal Swab ¹	+	+/+	+	+	+/+	+	+	+	+	+	+	+	-	-	-	-	-	-	-	-	-	-/-	-	-
CPKp /Kp Stool Culture ²	na	na-na	na	na	na-na	na	na	na	na	na	na	na	na/na	-/-	-/-	-/-	-/-	-/+	-/-	na/na	-/-	-/-	-/-	+/+

Sepsis was defined as fever, hypotension, a raised respiratory rate, tachycardia, and a positive blood culture. A symptomatic UTI was defined as fever, leukocytosis, an elevated C-reactive protein and/or procalcitonin measurement, and a positive urine culture. Negative and positive determinations were based on the results of cultures from the indicated sites (ie, blood, urine, rectal swab, and stools) before and at the end of the cycles of antibiotic therapy, where shown (see text for details).

Abbreviations: +, positive for *Klebsiella pneumoniae*; -, negative for *Klebsiella pneumoniae*; A, ampicillin; Asy, clinically asymptomatic, without signs or symptoms of infection; C, ceftazidime; CPKp, carbapenemase-producing *Klebsiella pneumoniae*; CZA, ceftazidime-avibactam; E, ertapenem; Kp, non-carbapenemase-producing *Klebsiella pneumoniae*; L, linezolid; M, meropenem; na, not available/not performed; P, intravenous fosfomycin; Sep, sepsis; T, trimethoprim-sulfamethoxazole; UTI, urinary tract infection.

¹Rectal swabs were submitted to *in vitro* culture using selective medium and molecular screening for carbapenemase-producing genes with the Cepheid Xpert Carba-R Assay.

²Stool culture using selective and nonselective medium for carbapenem-resistant and carbapenem-susceptible *K. pneumoniae*, respectively.

Remarkably, 15 days after the beginning of BT, the ureteral stent was replaced and, for the first time, a culture of its proximal end did not yield any *Kp*.

From then onwards, and until the time of writing, all attempts to isolate MDR *Kp* by growth on selective media from the patient's stools, rectal swabs, urine, and the ureteral stents have been unsuccessful.

Moreover, molecular screening of the patient's rectal swabs for the presence of carbapenemase genes, started as early as 5 days after the inception of BT and performed every 7 to 14 days until December 2018, using the Cepheid Xpert Carba-R Kit, was always negative.

In addition, the isolation of non-MDR *Kp* from the patient's stools and rectal swabs by culture on nonselective media remained unsuccessful on all occasions, except for 2 temporally distant events (ie, in June and December 2018). In those latter cases, *Kp* isolates were recovered but they were susceptible to most antibiotics and were genetically unrelated to the original MDR strain, as they belonged to ST1109 (June) and ST247 (December).

DISCUSSION

We show herein that long-standing, multi-site colonization by an MDR *Kp* strain in a patient with a solitary kidney, a cutaneous ureterostomy, and a permanent ureteral stent resolved after a 3-week course of personalized BT given by both oral and intra-rectal routes. The same result was not achieved despite 2 cycles of antibiotic treatment of 14 and 5 days, respectively, with a CZA regimen towards which the MDR *Kp* isolates remained susceptible.

Following BT, the patient developed 4 distinct episodes of complicated UTIs and a second episode of sepsis (see Table 1 and Supplementary Material). Notwithstanding the protracted, antibiotic-driven selective pressure on the patient's microbiota and the repeated hospitalizations, we did not observe a reappearance of the MDR *Kp*.

This case report presents several limitations. First of all, following BT, we failed to detect the MDR *Kp* isolate (by culture) and the *bla*_{KPC-3} carbapenemase gene (by direct molecular testing) from the stools and rectal surveillance swabs of the patient, but a lack of sensitivity of detection with both approaches could be argued. Nevertheless, excellent sensitivity of the Cepheid Xpert Carba-R assay has been proven [11]. Hence, the unsuccessful and repeated attempts over a period of more than 1 year suggest the *bona fide* eradication of the MDR pathogen.

Second, we did not measure the concentration of CZA in the urine or blood of the patient when BT was initiated (ie, 72 hours after the last administration of the antibiotic). Given the drug's half-life and the patient's reduced creatinine clearance, it is probable that CZA was still present in the urine at the time of BT initiation. For this reason, we cannot exclude an eventual

role of phage-antibiotic synergy in the eradication of the microorganism [12].

Finally, albeit still poorly understood, the phenomenon of spontaneous decolonization in carriers of MDR pathogens has been well documented [4–6]. Thus, and because this is a single case report, we cannot draw any conclusion on the causal role of BT in the eradication of the patient's MDR *Kp*.

CONCLUSION

Given the magnitude of the threat posed by antibiotic resistance worldwide, we believe that controlled studies are urgently needed to demonstrate the safety and efficacy of custom-made phage therapy for the selective decolonization of individuals who are carriers of MDR bacterial pathogens. A personalized phage therapy approach might constitute an interesting alternative to antibiotic usage and participate in the global effort to minimize the risk of selection of pan drug-resistant strains.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

Notes

Author contributions. M. C. had contact with the G. Eliava Institute of Bacteriophages and the G. Eliava Phage Therapy Center. N. K., L. P., and P. N. conducted the molecular characterization and host-range determination of the bacteriophage. M. K., N. B., L. L., and G. T. managed the bacteriophage selection and adaption procedures, production, ultrastructural characterization, and host-range determination. S. G. R., C. P., and M. R. G. managed the isolation, molecular typing and antimicrobial susceptibility determination, and molecular screening for carbapenemase genes of the multidrug-resistant *Klebsiella pneumoniae*. D. N., N. H., and L. N. determined the bacteriophage therapy dosage, routes of administration, and duration of treatment. M. C., S. A., D. G. S., A. L. L. R., S. A., P. D., and M. G. provided clinical care for the patient. M. C., L. P., and M. K. wrote the manuscript. All authors read and approved the final manuscript.

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